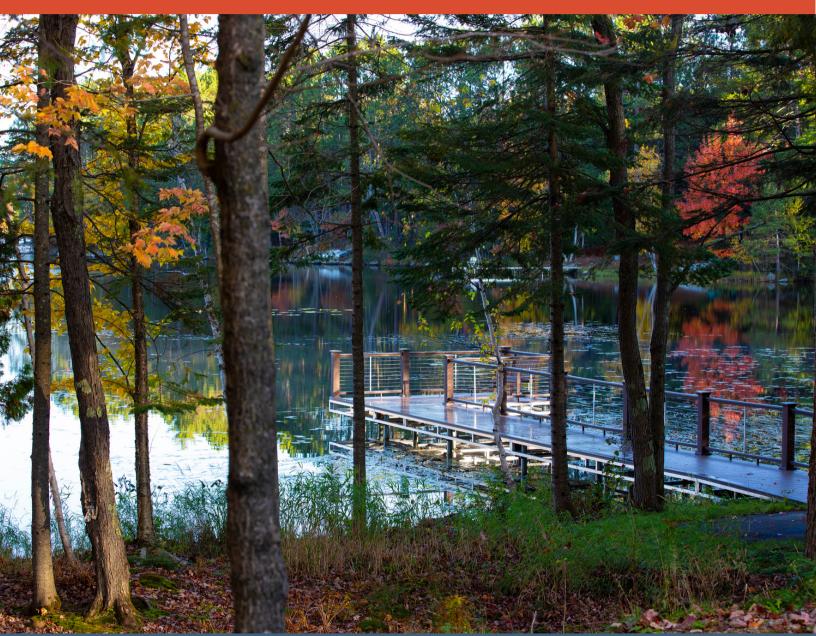


CLASS SCHEDULE Fall 2022



New Member Welcome and Fall Kick-Off Event – September 8

Classes Begin – September 9

Visit nicoletcollege.edu/lir for more information.

# Learning in Retirement at Nicolet College Fall 2022 Class Schedule

Thank you for your interest in Learning in Retirement at Nicolet College! The 2022-2023 membership fee is just \$45 per person and is good through June 30, 2023. New members are always welcome, and you can join anytime. Visit nicoletcollege.edu/lir and click on the Member Enrollment button to activate or renew your membership and pay securely with a credit card.

Fall classes begin September 9 and are free with your annual membership. Some classes will be offered in-person only. Others will be virtual only using Zoom, which you can access from your computer, laptop, tablet, or smart phone. Others will be hybrid, where you'll have the option of attending in person or through Zoom. Check this course guide for details. Members will receive a weekly email reminder with class registration information and links to access the virtual/recorded sessions.

Mark your calendar for a New Member Welcome and Fall Kick-Off event on Thursday, September 8 at 4 pm at Nicolet College – Lakeside Center Commons.

Contact Anne Wiedmaier, Executive Coordinator, with any questions or for more information at 715.365.4491 (800.544.3039 ext 4491) or LIR@nicoletcollege.edu.

# **Nicolet College COVID-19 Practices**

Face coverings are currently optional for anyone visiting campus buildings. Nicolet encourages physical distancing of three to six feet, when possible, and respectfully requests all to stay home if they feel unwell. Hand sanitizer and masks are provided at the main entrances of campus buildings. For the most up-to-date information, please visit nicoletcollege.edu

## WHAT WE'RE READING NOW

Michael Shores

Fridays, Sept 9, 23; Oct 7, 21; Nov 4, 18; Dec 2, 16

9:30 am

Hybrid: Nicolet College, Lakeside Center 222 and Zoom

The non-fiction books attendees are reading provide a starting point for interesting conversations on a wide variety of topics. Join us if you are a reader who likes to share, someone who enjoys stimulating discussions, or one who loves to listen.

Maximum: 10 for in-person

# **ERNIE'S MATINEE MOVIES**

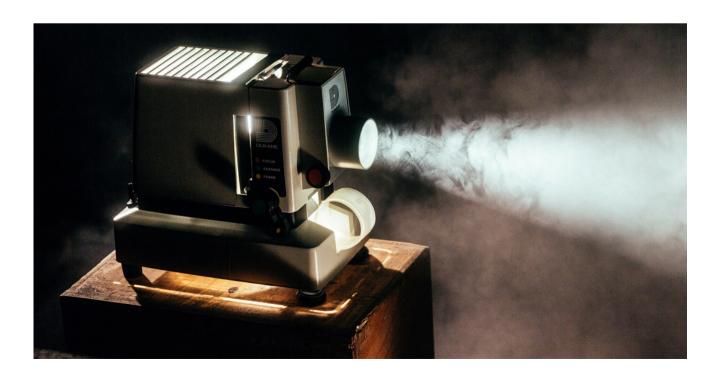
**Ernie Schluter** 

Wednesdays, Sept 14, 21, 28; Oct 5; Nov 2, 9, 16, 23

12:30 - 3:30 pm (doors open at noon)

In person: Pine Lake Town Hall

The Cinema has reopened with the same admission price (free). Join Ernie for a multitude of movies to enjoy in the afternoon. The series will feature many fine films. Most are based on fact, with a comedy or two as well. Bring a sack lunch if you wish. Relax and enjoy with friends!



# **CED VIG NATURE SERIES**

Various Experts Wednesdays, Sept 14, 21; Oct 12, 26 9:30 am Hybrid: see below for details

"Nothing meant more to Ced Vig than making sure his weekly Wisconsin Woodsmoke column was packed with interesting facts and anecdotes about Northwoods nature," wrote Ced's son Bob in a eulogy. Our lecture series will include the effects of climate change on inland lakes, the Great Lakes fisheries, and northern Wisconsin forests. Another presentation will cover the fascinating topic of animal tongues and how they have adapted to what the animal eats. And we'll learn about earthworms!

Sept 14: Aaron Schultz, climate change fisheries biologist, Great Lakes Indian Fish and Wildlife Commission (GLIFWC). Topics: Reimagining our relationship with inland lakes in a changing climate and an overview of GLIFWC and Ojibwe world views and how the Commission and tribes are adapting to changes in inland lakes. Virtual/recorded: Zoom

Sept 21: Licia Johnson, naturalist and education director, North Lakeland Discovery Center. Topic: Amazing Animal Tongues. Hybrid: Nicolet College, Northwoods Center 207-209 and Zoom

Oct 12: Bernadette Williams, plant pest and disease specialist, Division of Forestry, Forest Health, Wisconsin DNR. TOPIC: Earthworm ecology and effects of this invasive species on forest health. Hybrid: Nicolet College, Northwoods Center 207-209 and Zoom

Oct 26: Linda Parker, retired USFS forest ecologist, Wisconsin Initiative on Climate Change Impacts, Forestry Working Group, representing Wisconsin's Green Fire. TOPIC: Climate change impacts and adaptation in the forests of northern Wisconsin. Virtual/recorded: Zoom



#### **CURRENT EVENTS**

Michael Shores

Mondays, Sept 19; Oct 3, 17, 31; Nov 14, 28; Dec 12

9:30 am

In person: Nicolet College, Tamarack Center 110

We will consider issues in Rhinelander, Oneida County, Wisconsin, the nation, and the planet that go beyond the news that is intensely covered by the major media. We can project printed stories and documents that have been created from websites or URLs not blocked by paywalls. We'll discuss them together. Please send digital documents and links to michael.shores@gmail.com ahead of time, if possible.

# **REFLECTIONS ON** RHINELANDER HISTORY

Mark Miazga Friday, Sept 16 1:00 pm

In person: Nicolet College,

Tamarack Center 110



Author and Rhinelander native Mark Miazga will share information on Rhinelander history from various eras using topics from his two books, including the John Dillinger shootout at Little Bohemia, presidential campaign visits, baseball and basketball highlights, paper mill, brewery, and major fires. Much more will be discussed. Maximum: 40

#### LET'S GO YOUTUBING

**Ernie Schluter** Friday, Sept 23 12:30 - 3:00 pm

In person: Nicolet College, Tamarack Center 110

YouTube has thousands of segments from which to choose. Ernie has selected many interesting snippets to enlighten and amuse you. This class is not an instruction tutorial but meant only to entertain. Be prepared to laugh. Maximum: 40

#### **BIKES FOR SENIORS**

Val Foley Thursday, Sept 29 1:00 pm

In person: Nicolet College, Northwoods Center 209

It's never too late to get back on a bike. No matter what your physical abilities, there is likely a bike for you. Val will bring some bikes for you to see and will explain other options. Maximum: 30

# MORE PEOPLE YOU SHOULD KNOW ABOUT, PART 6

Ernie Schluter Friday, Sept 30 12:30 pm

In person: Nicolet College, Tamarack Center 110

Enjoy another chance to learn some worthwhile things and some not so worthwhile things! The world is filled with the good, the bad, and the ugly. Learn how these people may have affected your life. Maximum: 40

# VICE PRESIDENTS AND THEIR INFLUENCE IN AMERICAN HISTORY

Ted Russell Mondays, Oct 3, 10, 17 1:00 pm

In person: Minocqua Public Library

Take a look at American history through the eyes of the number two person in the executive branch, the US Vice President. The good, the bad, and the ugly, but all of the stories are fascinating, interesting, and rarely discussed. Stand by for an interesting view of our country's VPs. Maximum: 20

# **HOUSEPLANTS 101**

Henning and Ruth Hempel (Forth Floral) Tuesday, Oct 11 10:00 am

In person: Forth Floral, Rhinelander

Houseplants add aesthetic and health benefits to our homes and are enjoying a revival in home decor. We'll give you the information, tips, and tricks to optimize your plants, including selecting the right plant for your space, watering, soil and repotting, fertilizing, those darn pests, and tips for helping your plant through the winter.

Bring your questions! Maximum: 20



# DO YOU HAVE A HEALTHY HEART?

Dr. Joel Furda Tuesday, Oct 11 1:00 pm

In person: Nicolet College, Tamarack Center 110

Dr. Joel Furda, a local cardiovascular internist, will provide an overview of heart and vascular concerns, particularly those common to seniors. This is an opportunity to "ask the expert" your questions.

Maximum: 40

# THE AGING EYE

Dr. Walt Gager Wednesday, Oct 12 1:00 pm

In person: Pine Lake Town Hall

Time ages everything and the eyes and surrounding facial tissues experience the aging process. This presentation will address those changes including the how and whys, and approaches to possible treatment. Cataracts will be addressed, too.

#### AGING AND MOBILITY

Kurt Klemm & Dr. Erin Nelson, Physical Therapists Thursday, Oct 13 9:30 am

In person: Nicolet College, Northwoods Center 208-209

We'll cover a host of topics that affect our health and ability while we transition to the golden years, including movement, diet, strength, and balance. Movement is beneficial and needs to be intentional, especially during some seasons in Wisconsin. Our goal is to help people improve their mobility no matter the starting point. Maximum: 40

# CELL PHONE APPS: ANNOYING PROGRAMS TO PERPLEX SENIORS

Ray Blackburn Friday, Oct 14 10:00 am

In person: Nicolet College, Tamarack Center 110

Ever try to use a phone app and end up frustrated or lost? Many folks share your experience! This class is a follow-up to earlier cell phone classes for Android and Apple phones. We'll pick a couple of applications that most of us use, and explore the app and its features. Some ideas that span both Android and Apple users could include: Mint (budgeting/finance), Magnifying Glass with Light (easy to use app to help us see better), AARP Mobile app (news and discounts among other things), Kindle (read books on your device), and Lumosity (puzzles and brain teasers). There are many from which to choose! Join us, we'll explore together and make our journey easier. Maximum: 20

# PANAMA POTPOURRI TRAVELOGUE

Jane and Gary Prod Tuesday, Oct 18 1:00 pm

In person: Nicolet College, Tamarack Center 110

Follow LIR members Gary and Jane Prod as they share their experience on a cruise to Central America and the Panama Canal during Covid. Learn how and why the Panama Canal was built and travel with them on paths between the seas. Maximum: 40

## **MIDWIFERY IN ALASKA AND SOUTH AMERICA**

Joan Junge Wednesday, Oct 19 10:00 am

In person: Nicolet College, Tamarack Center 110, and Zoom

Joan Junge will discuss her journey as a midwife. She was a Peace Corps volunteer in the Andes and attended home births among the Quechua people in Ecuador, South America. Ms. Junge will also describe her twenty-five years of adventures as a midwife in rural Alaska among the Inupiat and Yupik people. Maximum: 40

# **MANAGING WILDFIRES**

Suzanne Flory Wednesday, Oct 19 1:00 pm

In person: Nicolet College, Tamarack Center 110

One of the roles of the Forest Service is to manage wildfire, including mitigation, suppression, and oversight of wildland fires. Suzanne Flory, who works for the USDA Forest Service, will address the role she has served on wildland fire assignments over the years and how the Forest Service manages this growing natural disaster. Maximum: 40



# **COMING TO THE RESCUE OF A FRIEND**

Darlene Machtan Monday, Oct 24 1:00 pm

Hybrid: Nicolet College, Tamarack Center 110 and Zoom

Many times/often we would like to support someone who is going through a tough time, but we're not sure what to do. That person might be a friend, acquaintance, or even a stranger who is experiencing a serious illness, family death, emotional crisis, or maybe a natural disaster. Darlene Machtan, who has survived two house fires, knows what it's like to receive acts of kindness, and she's often been there for others. She is an energetic speaker who will share creative suggestions about helping each other. Maximum: 40 for in-person

# THE LEAGUE OF WOMEN VOTERS: STILL RELEVANT!

Pam Taylor and Dorothy Skye Tuesday, Oct 25 9:30 am

Hybrid: Nicolet College, Tamarack Center 110 and Zoom

The League of Women Voters was founded in 1920 to support the new women suffrage rights. It was a merger of the National Council of Women Voters, founded by Emma Smith DeVoe, and National American Woman Suffrage Association, led by Carrie Chapman Catt. It has been a vibrant, relevant organization through the decades. The LWV continues to engage volunteers of all backgrounds in promoting democracy and is a political, nonpartisan group. Members are encouraged to run for office, which is essential in providing our governmental bodies with a diversity of well-prepared elected officials and candidates. The LWV also creates and distributes carefully researched positions on issues that relate to the sustainment of democracy. Hear more about the national, state, and local LWV and about Vote411 in this presentation by the LWVNOW president, Pam Taylor, and the Wisconsin LWV president, Dorothy Skye. Maximum: 40 for in-person

# **UNDERSTANDING CULTURAL AND HUMAN GEOGRAPHY (3 sessions)**

Michael Shores Wednesdays, Nov 2, 9, 16 9:30 am

In person: Nicolet College, Tamarack Center 110

This class includes a consideration of broad themes molding the world of today and the near future, including globalization vs. local determinism, gaining access to the features of many cultures vs. the diminishment of local diets and arts, local and international responses to climate change and other contemporary challenges, and the ebb and flow of national consolidation vs. fragmentation. Join us to add your thoughts to the conversation. UW Professor Paul Robbins presents this DVD course. Maximum: 40



#### UNDERSTANDING CRYPTOCURRENCY

Brad Kowieski Monday, Nov 7 1:00 pm

In person: Nicolet College, Tamarack Center 110

Will we eventually see the day when we will no longer have dollar bills and coins in our wallets? If you're wondering about cryptocurrency and how it is changing our monetary system, this class will help you understand the basics. Maximum: 40

#### THE MYSTERY OF THE EDMUND FITZGERALD

Ray Stocking Thursday, Nov 10 1:00 pm

Virtual/recorded: Zoom

In this class we'll learn about the tragedy of the S.S. Edmund Fitzgerald, an American Great Lakes freighter that sank in a Lake Superior storm on November 10, 1975 – an event that dominated national headlines for days. We'll review the history of the Edmund Fitzgerald with photos, video, and music and will examine the specific details of the Fitzgerald's final journey that ultimately took the lives of all 29 crew members. We'll also discuss a summary of the investigation that followed this tragic event and the multiple theories about what caused the ship to sink so suddenly, without any distress calls.

## **FAVORITE PLANTS**

Sue and Beth Hanson from Hanson's Garden Village Tuesday, Nov 15

10:00 am

In person: Nicolet College, Tamarack Center 110

Perennial plants, cuttings, growing ranges, stratifying native seeds and other "favorite" topics will be discussed. Hanson's is the largest retail garden center, greenhouse and nursery in northern Wisconsin and the UP and has been in business for thirty-seven years. Hanson's specializes in annual bedding plants, hanging baskets, vegetables, herbs, perennials, native plants, trees and shrubs and promotes sustainable landscape practices.



## **ANTARCTICA TRAVELOGUE**

Patrice Pergolski Wednesday, Nov 30 2:00 pm

Hybrid: Nicolet College, Tamarack Center 110 and Zoom

Antarctica is truly the last frontier. Owned by no country, with no year- round inhabitants, and visited by few — it is raw nature in all its beauty. Travel to and through Antarctica and identify historical sites and current attractions. See what it's like to embark on an expedition across the Drake Passage to the wonderful seventh continent.

Maximum: 40

#### SHARED INTEREST GROUPS

Dinner out? Crafts? Woodworking? Members who have a passion, the expertise, and/or an interest in a particular topic can initiate a shared interest group (SIG). The enjoyment comes when they share it with other like-minded people.

If you would like to start a SIG or have an idea for spring 2023, contact Anne Wiedmaier at lir@nicoletcollege.edu or 715-365-4491. You'll enjoy meeting others with the same interests!

# "SOLE" MATES SIG (6 hikes)

Brenda Peltier Tuesdays, Sept 13, 20, 27; Oct 4, 11, 18 10:00 am Various hiking trails in the Northwoods area

Join this group as we begin our third year of exploring the nature trails that surround us in the beautiful Northwoods area. The hikes average 2-3 miles and won't be very strenuous. You will need proper footwear and appropriate clothing. If interested, contact Brenda Peltier at: bpeltier101@gmail.com or 651-226-9700 (cell). Once the group is formed, information will be emailed to each member. Brenda will select the first hike of the season – others will offer suggestions for subsequent hikes. You'll be amazed at how many hiking trails we have in the Northwoods!

# **Location of Classes**

Most directions are from Rhinelander. If you have a GPS system, you can enter the entire address into your device to get directions from your home to the location of the class.

#### **Forth Floral**

410 N Brown Street

Rhinelander, WI 54501

From McDonalds in Rhinelander, head north on S Stevens St toward W Davenport St. Turn left onto W Timber Drive. Turn right at the 1st cross street onto N Brown St. Forth Floral will be on the right.

# Minocqua Public Library

415 Menominee Street

Minocqua, WI 54548

From Rhinelander, drive north on Hwy 47. Turn left on Midlake Rd. Turn right on Hwy 51 N (this is E Park Ave) to Menominee St.

From Tomahawk, drive north on Hwy 51; in Minocqua, turn right on E Park Ave then left on Menominee St.

# **Nicolet College**

5364 College Drive

Rhinelander, WI 54501

The campus is located south of Rhinelander on Hwy G. When you reach the first building on campus, there is a large billboard showing the location of each building. Refer to map on page 15.

Lakeside Center

Northwoods Center

Tamarack Center

#### Pine Lake Town Hall

4197 River Road

Rhinelander, WI 54501

In Rhinelander from the corner of N Stevens St and Dwight St (by Kwik Trip #173), turn onto Dwight St. Continue onto Eagle St. Continue onto County Hwy W. Turn left onto River Rd. Pine Lake Town Hall will be on the left.

# **Curriculum Committee**

# Special thanks to our Curriculum Committee for all their efforts

Jane Banning, co-chair, jabanning@gmail.com
Cookie Lough, co-chair, gmacookie43@gmail.com
Karen Amstadt
Margaret Barnes
Mary Grieco
Joan Hauer
Carol Ritter

Brenda Peltier

Steven Schreier

# Consider being a part of this great committee!

If you enjoy: "rolling up your sleeves," finding interesting locations to tour, contacting potential speakers, and joining a group of other LIR members who are committed to our mission – contact Anne Wiedmaier, Executive Coordinator, at: lir@nicoletcollege.edu or 715-365-4491.

## **DID YOU KNOW?**

LIR provides two \$2,000 scholarships to nontraditional students at Nicolet College each year.

# **Nicolet College**

5364 College Drive PO Box 518 Rhinelander, WI 54501-0518

Phone: 715.365.4491 TTY: 800.947.3529 or 711

Email: LIR@nicoletcollege.edu

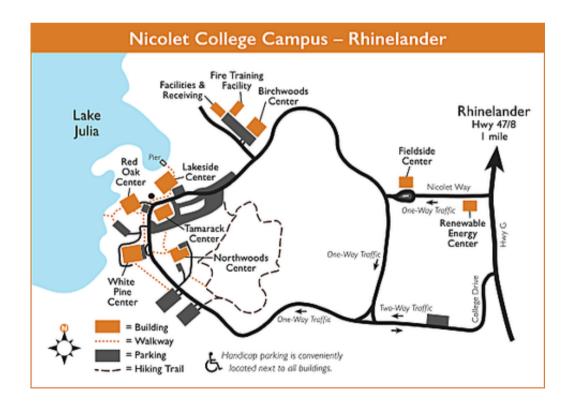
# **Visit LIR Online:**

Go to: nicoletcollege.edu/lir

to view the current classes and to enroll in LIR.

# Find us on Facebook:

facebook.com/NicoletCollegeLearninginRetirement



Nicolet College does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. The following person has been designated to manage inquiries regarding the non-discrimination policies: VP of Finance and Administration, Nicolet Area Technical College, PO Box 518, Rhinelander, WI 54501-0518 Telephone: 715.365.4553 TTY: 800.947.3529 or 711