

Learning in Retirement Curriculum Offerings Fall Semester 2021

On-line member enrollment opens **Monday, August 9, 2021 at 8:00 a.m.**

The Annual Member Enrollment fee for 2021-2022 is **\$45/person** (July 1, 2021 to June 30, 2022). You can complete your enrollment at any time, on or after August 9, 2021. Go to: www.nicoletcollege.edu/lir



NOTE: Enrolled members will receive an email every Friday, called the **LIR Weekly Reminder**. You will receive information on upcoming classes with links to access virtual or recorded classes. To **register for any in-person classes** contact the LIR Coordinator at: bpeltier@nicoletcollege.edu or 715-365-4491 to get your name on the list for in-person classes.

Classes begin Thursday, September 9, 2021. Classes are VIRTUAL, unless a location is listed for an in-person class. We will record virtual & in-person classes if permitted by the presenter. Links will be provided in the LIR Weekly Reminder.

Nicolet College COVID Practices

Nicolet College will return to in-person instruction on September 1, 2021 and is encouraging students and staff to get vaccinated.

Nicolet College currently requires masks to be worn while inside campus buildings – regardless of an individual’s vaccination status. Nicolet requests everyone to be mindful of physical distancing while they are both indoors or outside.

As we have done since the dawn of this pandemic, Nicolet College will continue to offer hand sanitizer and masks at main entry ways of our campus buildings.

Enjoy the following line-up of classes that our LIR Curriculum Committee has put together for Fall Semester 2021.

September

It's Not Just Country! Beginning Line Dancing for Seniors

Katy Ralph

Thursdays

Sept 9, 16, 23 (3 sessions)

1:00 - 2:00 p.m.

Location: YMCA of the Northwoods

Members will participate in all three (3) sessions to learn a variety of steps, terminology, and patterns that are used by instructors from coast to coast. You will progress to a variety of entry-level choreography set to music that you may know and love. Scientific studies indicate that dancing to changing choreography is the best thing to do to stave off dementia. The dances will be a treat for both the body and the brain. AND you don't need a partner.

Max: 12 (RSVP to Brenda at: bpeltier@nicoletcollege.edu to get your name on the list, on/after August 9th.)

What We're Reading Now

Michael Shores

Fridays

Bi-weekly: Sept 10, 24; Oct 8, 22; Nov 5, 19; Dec 3, 17 (8 sessions)

9:30 a.m.

This class has proved to be well suited to a virtual presentation. The non-fiction books the attendees are reading provide a starting point for interesting conversations on a wide variety of topics. Join us if you are a reader who likes to share, someone who enjoys stimulating discussions, or one who loves to listen.

The Fun of Flying

Curt Drumm

Tuesday, Sept 14

1:30 p.m.

Location: Eagle River Airport

Discover what it's like to learn to fly from an experienced pilot and flight instructor. This course will be at an Eagle River hangar and will have aircraft available to look at close up. Please bring your own lawn chair.

Max: 20 (RSVP to Brenda at: bpeltier@nicoletcollege.edu to get your name on the list, on/after August 9th.)

Ced's Nature Series

Various Presenters

Wednesdays

Sept 15, 22, 29; Oct 6, 13, 20 (6 sessions)

9:30 a.m.

“Throughout the past 50 years, nothing meant more to Ced Vig than making sure his weekly Wisconsin Woodsmoke column was packed with interesting facts and anecdotes about Northwoods nature. His number one priority was pleasing, as well as educating, his loyal readers.” -- New Richmond News, November 2010.

The Ced Vig Nature Series will embrace these goals. The fall 2021 series will explore Northwoods nature topics such as wild turkeys, Wisconsin turtles, furbearers, forest restoration, river and stream health report card, and technological advances in wildlife ecology. The talks are entertaining and educational.

See class schedule at end of this document, page 12.

Therapy Dog International (TDI)

Nancy Diepenbrock

Wednesday, Sept 22

1:00 p.m.

Meet Quincy, a well-known Northwoods therapy dog and share his journey to therapy certification. Nancy will discuss Therapy Dog International (TDI) and the very active chapter in our area. Learn how Quincy and other dogs bring comfort, emotional support, and joy to those they serve in the community. This will be a live recording from Nicolet College and her therapy dog, Quincy, will be joining us.

Current Events

Michael Shores

Mondays

Biweekly: Sept 27; Oct 11, 25; Nov 8, 22; Dec 6, 20 (7 sessions)

9:30 a.m.

Once again we will consider issues in Rhineland, Oneida County, Wisconsin, the nation and the planet. Many thanks to those who have provided the stories that are the grist for our mill. But once again, we need those folks to continue and others to step up. As the fall semester comes into sharper focus, it is possible that in-person meetings may be possible and the sessions could also be live over Zoom at the same time.

Michael's contact information will be included in the Weekly Reminder.

Ask the Expert: Current Approaches to Treatment of Addictions

Kari Decorah, MSW, Co-Director, Koinonia

Wednesday, Sept 29

1:00 p.m.

Can substance abuse be treated? Yes, but it's not simple. Because addiction is a chronic disease, people can't simply stop using drugs/alcohol for a few days and be cured. We will discuss current, evidence-based practices to help people fight addiction. Participants will bring questions for the presenter, which will follow her brief presentation.

October

The World of Broadcasting: Without the Glitz & the Glam

Sierra Whaley, WJFW

Monday, Oct 4

9:30 a.m.

Sierra Whaley will describe her journey to broadcast journalism via sportscasting. She will discuss what sportscasting is like for women, what basic skills are needed to develop a career plan, how to execute this particular career plan, and how to decide whether broadcast journalism is a good career choice.

Women in American History

Ted Russell

Monday, Oct 4, 11,18

1:00 p.m.

Location: To Be Determined

Join us as we look at 200 years of breaking glass ceilings! We will examine the lives of women who were pioneers in the struggle for women's rights. This is a three part series with new and inspiring stories.

Using Force in Law Enforcement

Patrol Sergeant Elisha D. Williams

Tuesday, Oct 5

1:00 p.m.

Location: Oneida County Sheriff's Department, Training Room

An Oneida County Patrol Sergeant will explain how the local sheriff's department approaches this controversial topic. Participants can bring questions for the presenter, which will follow her presentation.

Max: 20 (RSVP to Brenda at: bpeltier@nicoletcollege.edu to get your name on the list, on/after August 9th.)

Women in Public Media

Jessie Dick- General Manager, Katie Thoresen- News Director, Erin Gottsacker- Reporter

Thursday, Oct 7

9:30 a.m.

Join WXPR's female led leadership and reporting team. They will discuss public media and the efforts to advance diversity, equality, and inclusion in the workplace and on the air, both locally and nationally.

Flash Fiction

Friday, Oct 8

1:00 p.m.

Location: Nicolet College, Tamarack Center, room 110

Flash fiction ranges from six to fifteen hundred words. You can get flash fiction published and build a writing resume - or simply enjoy writing short, pithy and evocative mini-stories. This course will introduce you to flash fiction and give you an opportunity to try it out in a supportive atmosphere.

Max: 20 (RSVP to Brenda at: bpeltier@nicoletcollege.edu to get your name on the list, on/after August 9th.)

Aprons through the Years

Judy Kluetzman and Janet Fiess

Tuesday, Oct 12

1:30 p.m.

Location: Oneida County ADRC (formerly the Senior Center), Tamarack/Cedar

Did you ever really think about aprons? There are a lot of memories "tied up" in aprons. Perhaps seeing a certain type of apron will trigger a memory of your grandmother, mother, or special aunt. Men as well as women have enjoyed this historical presentation of forty apron styles over the years.

Max: 40 (RSVP to Brenda at: bpeltier@nicoletcollege.edu to get your name on the list, on/after August 9th.)

ArtStart: CRWN WOMXN & Glass Gallery

ArtStart Staff

Thursday, Oct 14

10:00 a.m.

Location: ArtStart Building

Corey Fells is a photographer from Milwaukee. His photographs have been featured in NBC News, Blavity BBC, and the Museum of Wisconsin Arts in Washington County. In 2017, Fells created the 100 Womxn Project, a photography series honoring his mother and millennial women of color. His work is dedicated to amplifying the voices of the unseen. Corey will be collaborating with **Dahyembi Joi Neal** who is a portrait, editorial, commercial, and beauty photographer based out of Chicago/Milwaukee.

Marianne Fairbanks is a visual artist, designer, curator and Assistant Professor of Design Studies at the University of Wisconsin-Madison. Her work has been shown nationally and internationally in venues including The Museum of Art and Design, NY, USA Copenhagen Contemporary, Copenhagen Denmark, RAM Gallery, Oslo, Norway and The Röhsska Museum of Design and Craft, Gothenburg, Sweden. Her work spans the fields of art, design, and social practice, seeking to chart new material and conceptual territories, to innovate solution-based design, and to foster fresh modes of cultural production.

ArtStart staff will introduce the exhibits and lead the tour.

The History of Medical Schools in Wisconsin

Walt Gager, M.D.

Wednesday, Oct 20

1:00 p.m.

Location: Nicolet College, Northwoods Center, rooms 207, 208, 209

The first proposal for a Wisconsin Medical School was in 1836. This goal was lost sight of for decades. The story about identification of the need for and the creation of a solid medical school in Wisconsin is surprising.

Max: 45 (RSVP to Brenda at: bpeltier@nicoletcollege.edu to get your name on the list, on/after August 9th.)

Chair Yoga

Jane Banning

Thursdays, Oct 21, 28; Nov 4, 11; and Dec 2, 9, 16 (7 sessions)

10:00 - 11:00 a.m.

Chair yoga isn't about twisty pretzel poses or chanting. It's really about slow and mindful movement without getting down on the floor. Yoga isn't anything mysterious, either. It is accessible to all bodies and abilities and will actually make you feel better! Join us for an hour of easy movement. We will stand and sit using a chair with no arms. All you need is that chair, some comfortable clothes and you're good to go!

Great Masters of Western Painting

David Barnhill

Tuesdays, 4 sessions

Oct 26: Rembrandt van Rijn

Nov 2: J.M.W. Turner

Nov 9: Claude Monet

Nov 16: Vincent Van Gogh

1:30 p.m.

Location: To Be Determined

Here's an opportunity to dive into the art of four great masters of Western painting: Rembrandt, Turner, Monet, and Van Gogh. Each week we will review one artist's biography, and using the best slides available, we will get to know his entire oeuvre while examining in depth several of his masterpieces.

Understanding Cultural and Human Geography

Michael Shores

Wednesdays, Oct 27; Nov 3, 10 (3 sessions)

9:30 a.m.

This DVD course is presented by UW Professor Paul Robbins. The lectures this semester include: human interactions with natural systems, the origins of globalism, International impacts on local conditions, global trade through the centuries, the Columbian exchange and differences in economic activity and development around the globe.

November

Vertigo and Headaches

Kurt Klemm & Dr. Erin Nelson

Monday, Nov 1

9:30 a.m.

Location: Nicolet College, Northwoods Center, rooms 207, 208, 209

Vertigo: What is it? Why does it happen? Can anything be done? Headaches: Not unusual, but do you have to live with them? Physical Therapists, Kurt Klemm and Dr. Erin Nelson will answer these questions and more during their presentation on these common health concerns.

Max: 45 (RSVP to Brenda at: bpeltier@nicoletcollege.edu to get your name on the list, on/after August 9th.)

MMIW (Missing, Murdered, Indigenous Women)

Taylor Owen
Tuesday, Nov 2
9:30 a.m.

This class is part of a presentation that began in May 2021. The two parts have been combined into one presentation and will provide an understanding of the trauma and peril that is reality for Indigenous peoples. Taylor Owen, founder of the non-profit organization, Red Voice, will share her story about the MMIW movement and how she got involved. She will share a background of facts, statistics, and collaborative efforts in Wisconsin and the nation. You will hear about case studies that will pull your heart from your own body and send it straight to the victims' graves, some of them being unmarked and unknown. Her ultimate goal is to educate, unite, and gain justice for the Missing, Murdered, Indigenous Women.

Why Urban Trees Matter

Tom Jerow
Thursday, Nov 4
1:00 p.m.
Location: Nicolet College, Northwoods Center, rooms 207, 208, 209

The presenter will discuss why trees are important in our urban environment and what ecosystem services trees provide. The program will include an in-depth look at the challenges we face in maintaining and improving our urban forest.

Max: 45 (RSVP to Brenda at: bpeltier@nicoletcollege.edu to get your name on the list, on/after August 9th.)

Getting Smarter about Smartphones (two separate classes, choose one)

Ray Blackburn
#1 iPhone class: Wednesday & Thursday, Nov 10 & 11
#2 Everything Not Apple class: Monday & Tuesday, Nov 29 & 30
1:00 p.m.
Location: Nicolet College, Northwoods Center, room 209

As cell phones have become less about making phone calls and more about their sophisticated features, this hands-on class is designed to help those of us who still use them to make phone calls understand what the other capabilities are and how to navigate through them. There will be an iPhone (Apple) class and an Android (everything not Apple) version offered. Be sure to sign up based on the kind of phone you want to learn about.

Max: 24, each class. (RSVP to Brenda at: bpeltier@nicoletcollege.edu to get your name on the list, on/after August 9th.)

Civil Discourse In-Vivo Practice

Jane Banning, MSSW

Friday, Nov 12

1:00 p.m.

Location: Nicolet College, Tamarack Center, room 110

This class will involve a brief review of Civil Discourse principles and then open for role play practice of **nonpartisan, non-political** challenging topics using good communication. Participants will bring topics to the class for practice.

Max: 24 (RSVP to Brenda at: bpeltier@nicoletcollege.edu to get your name on the list, on/after August 9th.)

Travelogue of South Africa

Karen Dallman

Monday, Nov 15

9:30 a.m.

This course takes us on a virtual tour of South Africa and parts of Zambia and Swaziland. It will cover several safaris, a township, and the spectacular scenery of the Featherbed Coast, on the way to Cape Town and the Cape of Good Hope.

Rhineland History from 1800s to 1970s

Mark Miazga

Monday, Nov 15

1:00 p.m.

Author and Rhineland native, Mark Miazga, will discuss Rhineland history with particular emphasis on topics from his two books. Topics will include Rhineland connections to the John Dillinger shootout at Little Bohemia, presidential campaign visits to the Northwoods, early 20th century popularity of Rhineland baseball, John Kotz: Rhineland basketball player, 1938 state H.S. Basketball championship, and 1941 UW-Madison NCAA basketball championship. Also included will be the depression-era hobo jungle near the paper mill, Rhineland Brewery, and the major fires in Rhineland history, plus much more!

ArtStart: Fall 2021- Landscapes

Tuesday, Nov 16

10:00 a.m.

Location: ArtStart Building

Curated by artist Jaron Childs, *Field and Stream* is an informal survey of the diverse practices and perspectives of artists working with the concept of landscape in the mediums of painting, drawing, photography, field recording, dance, and video. Jaron currently works and lives in Tomahawk.

ArtStart staff will introduce the exhibits and lead the tour.

Japan in World War Two

Gary Prod

Wednesday, Nov 17

1:30 p.m.

Location: First Congregational United Church of Christ - Rhinelander, Dean Theater

Could Japan have defeated the Allies during the Second World War? What resources, strategies, and tactics did the Japanese employ and what changes could they have made to defeat the Allies and avoid their eventual defeat and destruction?

Max: 40 (RSVP to Brenda at: bpeltier@nicoletcollege.edu to get your name on the list, on/after August 9th.)

TED Talks

Donna DePape

Tuesdays, Nov 23, 30; Dec 7

9:30 a.m.

TED Talks return this semester for another rousing selection of presentations. Each class four video talks from the TED collection are selected, usually focused on a specific topic. Each talk is followed by a lively discussion. Join us for exhilarating and engaging video talks from around the world.

Introductory Genetics

Gary Dallman

Monday, Nov 29

9:30 a.m.

How are sex cells different from body cells? What are chromosomes, genes, and DNA? What are recessive and dominant genes? What is the frequency of certain genetic traits and disorders? These topics and more are examined in this introductory course to the foundation field of modern biology.

December

The Seven Generations and The Seven Grandfather Teachings

James Vukelich Kaagegaabaw

Wednesdays, Dec 1 & 8

1:00-2:30 pm

James Vukelich Kaagegaabaw is the creator of Ojibwe Word of the Day. He has been recognized as a leading voice in Native Language revitalization efforts and spiritual teachings for two decades. His keen insights on the interconnectedness of language and culture were developed in the field speaking with and recording elders and native speakers of the language (many of whom have since passed on) in Canada, Michigan and Minnesota as part of the Ojibwe Language Dictionary Project.

This presentation was recorded by the Many Ways of Knowing Project at Nicolet College and we are fortunate to have this available for our LIR members.

All the (Weird) Places You'll Go!

Steven Schreier

Friday, Dec 3

1:30 pm

Location: Oneida County ADRC (formerly the Senior Center), Spruce/Balsam

The definitive guide to the world's hidden wonders - Atlas Obscura's mission is to inspire curiosity about the incredible world we all share, from a secret apartment atop the Eiffel Tower to bridges built out of living roots, from a temple shaped like a chicken to an island ruled by cats, from a fruit that tastes like chocolate pudding to a spicy chutney made out of red ants.

Max: 40 (RSVP to Brenda at: bpeltier@nicoletcollege.edu to get your name on the list, on/after August 9th.)

Shared Interest Group (SIG)

SIGs are initiated by members who have a passion, expertise, and/or an interest in a particular topic. The enjoyment comes when they share it with other like-minded people. Contact Brenda if you would like to start a SIG for Spring Semester 2022.

"Sole" Mates

Brenda Peltier

Tuesdays, September & October (weather permitting)

Locations: Various walking/hiking trails in the surrounding area.

Maximum: 12 (if we have more members interested we'll start another group)

Join us as we determine where and when to hike the beautiful trails in the Northwoods. This SIG will meet mid-September to get our feet happy and energized. The walks/hikes will average around 2-3 miles and won't be very strenuous. You will need proper footwear and appropriate clothing for each outing. If interested in this SIG, please contact **Brenda Peltier** at bpeltier@nicoletcollege.edu or **651-226-9700 (cell)**. Once the group is formed, information will be emailed to each member. Some ideas include: Holmboe Trail, Woodruff Trail, McNaughton State Trail, and other suggestions from the group. We will follow Nicolet College's Covid Guidelines, as they apply.

Learning in Retirement at Nicolet College

5364 College Drive

PO Box 518

Rhineland, WI 54501

715-365-4491

800-544-3039 ext. 4491

bpeltier@nicoletcollege.edu or lir@nicoletcollege.edu

Brenda Peltier,
LIR Coordinator

CED VIG'S NATURE SERIES
Fall 2021
Wednesdays, 9:30 a.m. Sept 15 – Oct 21

Date	Speaker	Topic
Sept 15	Timothy R. Van Deelen Ph.D. Professor, University of WI, Madison Chair, Environmental Conservation professional Master's Degree Department of Forest and Wildlife Ecology	New and Emerging Technologies in Wildlife Ecology
Sept 22	Michael Demchik, Ph.D. Professor of Silviculture Forestry discipline coordinator University of Wisconsin-Stevens Point.	Forest Restoration: Blending Wildlife Habitat and Timber Harvest Learn about forest restoration across a range of forest types and sites. The latter part of the presentation will focus specifically on habitat work for songbirds in Wisconsin.
Sept 29	Bart Kotarba Director, Northwoods Wildlife Rehabilitation Center	Furbearers of Wisconsin
Oct 6	Alaina Gerrits Assistant Upland Wildlife Ecologist Bureau of Wildlife Management Wisconsin Department of Natural Resources	Wild Turkeys In Wisconsin Ecology and Management
Oct 13	Robert Martini Retired DNR water quality scientist And statewide river protection coordinator	A Health Report Card For Wisconsin Rivers and Streams
Oct 20	Andrew Badje Herptile Scientist Coordinator of the Wisconsin Turtle Conservation Program Wisconsin Department of Natural Resources	An Overview of Wisconsin Turtles

