



NICOLET
COLLEGE

JANUARY - MAY
SPRING 2021

ENJOY THE EXPERIENCE



Arts & Community



Business & Professional Development

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SPRING 2021

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ARTS, CULTURE & COMMUNITY

OUTDOOR ADVENTURE

Outdoor Adventure in the World of COVID-19

As we move forward in this era of COVID-19, we want to let you know that your safety is the No. 1 Priority for all of us in Nicolet's Outdoor Adventure Program and at the college as a whole.

With that in mind, and as you page through this catalog and see many new offerings along with some long-time favorites, it's important to note that in every class we will be following the prudent and precautionary guidance issued by health and medical professionals at the county, state, and federal levels.

This includes ample physical distancing of at least six feet at all times.

The majority of our winter offerings will be held entirely outside. A couple of the cross-country ski classes at Minocqua Winter Park will have a short indoor component. The Park has reduced the number of people allowed in the chalet at one time, and capacity has been set at 30 people.

Note that when indoors, individuals will be required to wear face coverings that cover the nose and mouth, and face coverings will be recommended when outdoors to the extent practicable.

Nicolet is also limiting the size of all Outdoor Adventure classes to a maximum of 10 people, including instructors. This is in an effort to keep everyone safe and also allow everyone to have an enjoyable and quality outdoor experience.

We all know things can change fast with COVID-19 and we are monitoring the situation daily. For the latest and most up-to-date information, please visit our website at nicoletcollege.edu/outdooradventure.

If at any point you have any questions, please feel free to send me an email at trutlin@nicoletcollege.edu or give me a call at 715.365.4681.

Be sure to stay safe out there and we look forward to seeing you on the snow!

Terry Rutlin

Outdoor Adventure Coordinator

Time to Ski and Snowshoe

Time outside skiing and snowshoeing in the beautiful Northwoods are wonderful and rewarding winter activities. And this winter the Nicolet College Outdoor Adventure program has expanded the types of classes for people to have a broader range of experiences and more opportunity to learn new skills.

Offerings include Nordic cross-country classic and skate, alpine downhill, Telemark, skijor, backcountry skiing – whatever your pleasure, the choice is yours, whether you are new to the sport or looking to take existing skills to the next level.

And if snowshoeing is more your thing, check out the interpretative nature hikes we have planned to the Blackjack Springs Wilderness in the Nicolet unit of the Chequamegon-Nicolet National Forest and the Yukon Creek Watershed at Minocqua Winter Park.

Skijor with Your Dog!

Experience the grace and elegance of skijoring through the winter woods with your dog with these two classes which will teach all the basics you'll need to know to get started in this exciting sport. Skijoring is really a partnership between you and your dog, with the dog learning how to pull you through the woods and you assisting that effort with proper skiing technique.

Depending on conditions, there may be an opportunity for you and your dog to try skijoring after the class.

Skate Skiing

Dan Clausen

Noon - 2 pm

Friday, Jan. 8

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua, WI

\$30 – Includes All-Day Trail Pass

Strenuous Rating: 2-3 – Slightly strenuous, requires some endurance.

Skijoring

Niina Baum

2 - 4 pm

Friday, Jan. 8

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua, WI

\$30 – Includes All-Day Trail Pass

Strenuous Rating: 1 for demonstration class. Not strenuous.

Participants are invited to sign up for just one or both classes. Register for both classes at the discounted rate of \$50.

Note that if you stay after class to skijor with your dog, you'll need to purchase a Winter Park \$3 "paws" pass and a trail pass for yourself. Some skijoring equipment will be available to borrow.





Classic Cross-Country Skiing Technique – Rhinelander

Classic skiing is the traditional cross-country technique that involves skiing in groomed tracks. From youngster to senior, everybody can pick up this technique quickly and enjoy the beauty of the trails in the Northwoods. Designed for both beginners and those with some skiing experience, topics covered will include the range of equipment available today, how to kick and glide, maintain balance, turn, proper technique for skiing up and down hills, and how to stop. The class runs two consecutive Saturdays.

Brian Hegge

9:30 - 11:30 am

Saturdays, Jan. 9 and 16

Ced A. Vig Outdoor Classroom – CAVOC, 4321 S Shore Drive, Rhinelander, WI

\$60

Strenuousness Rating: 2-3 – Slightly strenuous, requires some endurance and physical conditioning.

Skate Cross-Country Skiing Technique – Rhinelander

The deceptively effortless glide and grace of skate skiing is only possible when you know proper technique. Starting on flat terrain, we'll cover the essential elements of proper skate skiing form to get both the skis and poles working in sync for that perfect glide. From there we'll head to the masterfully groomed trails at CAVOC to learn how to climb and descend hills and make turns on skate skis. The class runs two consecutive Saturdays.

Brian Hegge

1 - 3 pm

Saturdays, Jan. 9 and 16

Ced A. Vig Outdoor Classroom – CAVOC, 4321 S Shore Drive, Rhinelander, WI

\$60

Strenuousness Rating: 3 – Some physically demanding aspects, requires endurance and physical conditioning.



Beginning Cross-Country Skiing – Classic Technique – Minocqua

Up North the woods take on a special serenity when they become snow covered in winter. And one of the best ways to experience this scenic natural quietude is to cruise through the forest on cross-country skis. Designed for beginners looking to try the sport for the first time as well as for those who have some skiing experience, this class will give you all of the skills necessary to gracefully and confidently ski the many groomed and tracked beginner trails located throughout the Northwoods. Class runs two consecutive Fridays.

Dan Clausen

9 - 11 am

Fridays, Jan. 8 and 15

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua, WI

\$60 – Includes All-Day Trail Passes for both days

Ski rentals available through Minocqua Winter Park Ski Shop.

Strenuous Rating: 2 – Slightly strenuous, does not require prior physical conditioning.

Intermediate Cross-Country Skiing – Classic Technique – Minocqua

Join Minocqua Winter Park Ski School Founder and Director Dan Clausen for this skills-filled class designed to build on your previous classic-style cross-country skiing experience. With the goal of improving ability and gaining the greater sense of confidence that follows, instruction will include proper stance for optimum balance in a variety of conditions, the right rhythm for kicking and poling for satisfying glide, the best techniques for going up and down hills, how to turn, and how to stop.

Dan Clausen

9 am - noon

Four Thursdays, Jan. 14, 21, 28 and Feb. 4

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua, WI

\$110 – Includes All-Day Trail Passes for all four days

Strenuous rating: 3 – Some physically demanding aspects, requires some endurance.

Intermediate/Advanced Cross-Country Skiing – Skate Technique – Minocqua

The grace, style, and speed of the skate skiing technique will be the focus of this class geared for those who have some previous skate skiing experience. By poling and pushing with the legs in various sequences and rhythms, you'll refine and perfect your skills with at least three different skate skiing techniques. Class will meet on two consecutive Thursdays.

Dan Clausen

6:30 - 8:30 pm

Under the Lights Two Thursdays, Jan. 14 and 21

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua, WI

\$60 – Includes All-Day Trail Passes for both days

Strenuous Rating: 3 – Some physically demanding aspects, requires some endurance.





Cross-Country Ski Team Coaches Training

Why do we coach and teach skiing? Because we love it! But, at times it's hard to know exactly what to do out there. Join us for this on-snow training to learn the fundamentals of leading a safe, fun, and quality ski practice that is rewarding for both you and your athletes. We will share how to choose and lead activities, drills, games, and workouts to get your team loving winter and skiing fast. All experience levels are welcome, including current coaches and parents of athletes interested in assisting with team practices for kids of all ages.

Dan Clausen & Zeke Fashingbauer

Both are PSIA and USSA/CXC certified coaches/instructors

10 am - 12:30 pm

Sunday, Jan. 10

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua, WI

\$40 – Includes All-Day Trail Pass

Strenuous Rating: 2-3 – Slightly strenuous, requires some endurance.

Mastering Nordic Downhills

Every Nordic skier should have a big bag of tricks to negotiate many different types of the ski trails. Even experienced skiers are eager to learn tactics to turn more accurately on cross-country skis. This session is designed to build more confidence and relaxation in descending hills as individuals will progress through a variety of techniques that include the a straight run, wedge turns, and step turns.

Dan Clausen

10 am - noon

Friday, Jan. 22

Minocqua Winter Park, 7588 Squirrel Hill Road, Minocqua, WI

\$40 – Includes All-Day Trail Pass

Strenuous rating: 2-3 – Slightly strenuous, require some endurance.

Free the Heel: Telemark Skiing

Arguably one of the most elegant of skiing styles, you'll expand your skiing skills repertoire with this class designed to teach all the basics of quintessential Telemark skiing for those free-the-heel, smooth-as-butter turns. We'll cover the basics such as how to enter and exit turns, how to link turns, transition from one lead ski to the other, and proper body position and weight distribution. A blend of both downhill and cross-country skiing, participants should have experience in at least one of these styles of skiing.

Dan Clausen
10 am - 2 pm
Monday, Jan. 25
\$60

Students will also need to purchase a Big Powderhorn lift ticket. Check the resort's website at bigpowderhorn.net for potential discounted lift tickets.

Big Powderhorn Mountain Resort, 11375 Powderhorn Road, Bessemer, MI

Strenuousness Rating: 3 – Some physically demanding aspects. Requires some endurance and physical conditioning.

Some Telemark equipment might be available to rent. Call 715.365.4681 to inquire.



Intro to Downhill Skiing

A great day on the slopes carving graceful and confident turns comes down to learning a few basic techniques to make your skis go where you want them to. In this class designed for both beginning skiers and those seeking to sharpen existing skills, you'll learn the tips and tricks needed to ski forward while controlling speed, turn right and left with confidence, and perhaps most importantly, how to stop on a dime. This highly-affordable class features a one-day or a discounted two-day package that includes a lift ticket, instruction, and the use of skis, if needed.

Camp 10 Ski PSIA-certified Instructors

10 am - noon

Saturday, Jan. 9 / Sunday, Feb. 14

Camp 10 Ski Area, 1604 Ski Hill Road, Rhinelander, WI

\$59 One-day Package

\$79 Two-day Package

Strenuous Rating: 2 – Slightly strenuous, does not require prior physical conditioning.

Intermediate Downhill Skiing

Have some downhill skiing experience and looking to take your skills to the next level? You've come to the right place. In this class we'll build on your existing skills and set you on your way to advance from a beginning-level to an intermediate-level skier. Skills taught will include more detailed instruction on how to use your ski edges to enter and exit a parallel turn, how to link together and transition gracefully from one turn to the next, and show you the best body position at each point throughout each turn.

Camp 10 PSIA-Certified Instructors

10 am - noon

Saturday, Jan. 30 /

Sunday, Feb. 21

Camp 10 Ski Area,

1604 Ski Hill Road,

Rhinelander, WI

\$69 One-day Package

\$89 Two-day Package

Strenuous Rating:

2-3 – Slightly

strenuous, requires

some endurance and

physical conditioning.



Sylvania Wilderness Backcountry Ski Outing

The Sylvania Wilderness located just across the Wisconsin border in the UP of Michigan is home to one of the largest stands of old growth forests in the upper Midwest. We'll explore this tranquil wilderness via backcountry skiing to Deer Island Lake, one of the 34 named lakes in this 18,327-acre landscape gem. Local naturalist Troy Walters will guide this six-mile round trip backcountry adventure over an ungroomed surface to Deer Island Lake. Along the way we will discuss the history of the area and how it was able to escape the widespread logging that took place in nearly all of the Northwoods.

Note that our route is commonly skied by others, leaving rudimentary tracks so backcountry skis are not a necessity and regular cross-country skis will work fine. There are a few rolling hills and the distance is such that some previous ski experience is necessary.

Troy Walters

9 am - noon

Friday, Feb. 12

Meet at the trailhead at the end of Fisher Road, about a mile northwest of Land O' Lakes, WI.

Coordinates are 46.167081, -89.229897

\$35

Strenuous rating: 3 – Some physically demanding aspects, requires some endurance and physical conditioning.



Blackjack Springs Wilderness Snowshoe Tour

Blackjack Springs Wilderness, a 5,886-acre area nestled amongst the Nicolet National Forest located 7 miles northeast of Eagle River, was designed as a Wilderness in 1978. Explore this tranquil wilderness via snowshoeing around Whispering Lake and towards the spring ponds along Blackjack Creek. This area is home to deer, bear, fisher, snowshoe hare, fox, coyote, bobcat, and a variety of species of birds. Join local naturalist, Troy Walters, on a guided three-mile snowshoe hike; some of which involves rolling topography and possibly off trail wandering. Along the way, we will discuss the history of the area and the many signs that animals leave behind in the Northwoods winter wonderland. Note that this area is quite remote with poor cell service and snowshoeing is a bit challenging, so good fitness is recommended.

Troy Walters

Friday, Feb. 19

9 am - noon

Meet at the parking area along FR2178k just off of FR2178. Coordinates are 46.00072, -89.07359
\$35

Strenuousity rating: 3 – Some physically demanding aspects. Requires some endurance and physical conditioning.



Yukon Creek Watershed Snowshoe Hike

Winter Park is a treasure for winter enthusiasts. Join us for an exploration of The Heights, one of Winter Park's newest snowshoe trails. From bogs and beaver dams to high ridges and glacial erratics, we will follow along the Yukon Creek watershed and discover a uniquely diverse community of plants and animals. During our two-mile adventure, we stop frequently to discuss the many different aspects of the natural world around us. The hike is over mostly rolling terrain with one moderate climb up to a scenic vista.

Barb & Erin Blow

1 - 3 pm

Friday, Jan. 22

Minocqua Winter Park,
7588 Squirrel Hill Road,
Minocqua, WI

We'll meet outside of the Chalet.

\$35 – Includes All-Day Snowshoe Trail Pass

Strenuosity rating: 2-3 – Slightly strenuous, requires some endurance.



Cancellation & Refund Policy

IF YOU ARE UNABLE TO ATTEND A CONFIRMED CLASS, for any reason, please notify Nicolet at 715.365.4544 or 800.544.3039 ext 4544 or email ce@nicoletcollege.edu as soon as possible.

CANCELLATIONS MADE LESS THAN TEN DAYS PRIOR TO DEPARTURE OR NO-SHOWS MAY NOT RECEIVE A REFUND. Policy is effective for all trips unless otherwise noted. All Outdoor Adventure classes will be held rain or shine. Only in cases of severe weather will a class be cancelled or postponed. Travel expenses will not be refunded for classes that may have to be cancelled or rescheduled. Nicolet College reserves the right to cancel, reschedule, substitute instructors, or reroute all classes and trips if necessary.

Strenuosity rating

Which course is right for you?

S1 = Not strenuous at all. Most likely a stationary experience.

S2 = Slightly strenuous but does not require prior physical conditioning.

S3 = Some physically demanding aspects. Requires some endurance.

S4 = Challenging and requires a good physical condition.

COMMUNITY EDUCATION

Advance online registration required at <https://www.nicoletcollege.edu/community/community-classes>. Links to attend virtual events will be sent upon registration.

Maple Syrup for Beginners

You can make delicious maple syrup with just a couple maple trees and some simple equipment. We will teach you the basics of how maple syrup is made, what tools and equipment you will need, and how to boil syrup in your back yard. Everyone will get a chance to drill and install a tap and we'll have a mock boiling rig to review. You'll go home with some tree taps and the know-how to make some syrup this spring.

*This in-person class will be subject to COVID guidelines and restrictions, and participants will be expected to distance and wear masks.

Mike Haasl

9 - 11 am

Saturday, Feb. 6

Rhineland Nicolet – Northwoods Center 209

\$25

Introduction to Permaculture

The guiding principles of a sustainable permaculture lifestyle will be the focus of this class designed for individuals seeking to live in greater harmony with the natural world. Working with Mother Nature, you'll learn how to create abundance while letting natural processes do most of the heavy lifting. Permaculture can provide guidance in gardening, raising livestock, natural building practices, heating and cooling systems, and nearly any other aspect of your personal environment. Many examples will be given to translate permaculture concepts into simple and sustainable practices that you can do in and around your home and property.

*This in-person class will be subject to COVID guidelines and restrictions, and participants will be expected to distance and wear masks.

Mike Haasl

9 - 11 am

Saturday, Mar. 27

Rhineland Nicolet – Northwoods Center 209

\$25

Mike Haasl is a mechanical engineer, woodworker, blacksmith, and permaculture homesteader in northern Wisconsin. He constructed a passive solar greenhouse, builds with pallets and up-cycled material, and fully remodeled his house. He is developing a demonstration site for permaculture homesteading and is collaborating to create a program to connect young people with retiring homesteaders.

Community Garden

Northwoods Community Garden Programming Collaborative

In the spring of 2020 a small group of community members joined to create the Northwoods Community Garden, a new initiative to help promote community, education, self-reliance, health, and stewardship by providing opportunities for gardening and permaculture to those living in the Northwoods. Nicolet College has agreed to host the garden on campus property. This partnership provides an excellent opportunity for educational and outreach programs for Northwoods residents and visitors. Programs are offered in collaboration with the Northwoods Community Garden, Oneida County 4-H, the University of Wisconsin-Extension in Oneida County, and ArtStart.

Nicolet Community Adult Education Garden Programming

In addition to the gardens, food plots, and permaculture features, Nicolet Community Education has the opportunity to work with teaching gardens that feature elements of traditional indigenous planting techniques – the original permaculture and regenerative agriculture practices, medicinal plantings, and fiber/color plantings for creating natural dyes, baskets, artwork, etc. Community members will have the opportunity to learn through a series of virtual lectures and hands-on classes in the garden.



Learning is for Life!

In partnership with ed2go, a third party online educational provider, Nicolet College has made available a wide range of highly interactive continuing education courses that you can take entirely online. All of the courses include expert instructors, many of whom are nationally known authors and consultants. Classes are affordable, fun, fast, convenient, and geared just for you such as:

- Arts & Design
- Health & Fitness
- Math & Science
- Computer Basics
- Language

For a complete listing of classes or to register visit ed2go.com/nicoletcollege

Please note that these online non-credit continuing education classes are provided by a third party educational vendor whose course offerings are not specific to Nicolet College. The third party vendor determines course curriculum, establishes course offering dates, employs the instructors, and assesses student progress and completion. Students enrolling in these courses are not considered Nicolet College students and are not eligible to receive services or benefits available to Nicolet College students. Although a certificate of completion may be issued by the third party vendor, completion of these courses is not documented on a Nicolet College transcript. Textbooks, software, supplies, and other course materials are the responsibility of the student.

2021 Garden Series

Advance online registration required at <https://www.nicoletcollege.edu/community/community-classes>. Links to attend virtual events will be sent upon registration.

Grow Your Own Color and Fiber *VIRTUAL*

In this Introduction to Local Color and Fiber you will learn about the philosophy, history, and recent revival of using plants to dye textiles, produce fiber, and make pigments. Discover some of the plants that will grow and make up a Fibershed in northern Wisconsin.

4 pm
Wednesday, Feb. 10
\$10

An Introduction to Indigenous Gardening and Farming *VIRTUAL*

Learn about indigenous perspectives on growing food and medicine that existed thousands of years before colonization. Discover the origins of the many plants that we now take for granted and their significance.

4 pm
Wednesday, Feb. 17
\$10

Herbs: A Living Apothecary *VIRTUAL*

An overview of how to grow an herb garden using plants that are said to have healing properties. Learn about planting using principles and practices in harmony with the natural world.

4 pm
Wednesday, Feb. 24
\$10

Traditional Farming and Foods in the Northwoods *VIRTUAL*

Learn about foods that are part of a traditional native garden that will grow successfully in a Northwoods climate. Seed sources and seed saving will be included.

4 pm
Wednesday, Mar. 10
\$10

How to Grow Your Own Color and Plant Based Fibers Part 1 *VIRTUAL*

Discover plants that you may already have that will provide color and others that you can grow from seed or plant starts that will grow in far northern Wisconsin. Like so many plants, they provide more than botanical dye color and are also pollinators and sources of medicine and food in some cases. Plant varieties, seed, and plant sources will be shared so you can order/shop for seeds for growing in spring.

4 pm
Wednesday, Mar. 17
\$10



Starting at the Beginning: Easily Cultivated Herbs for Wellness *VIRTUAL*

Many annual and perennial herbs serve multiple purposes and play an important role in any garden. Focusing on herbs that are said to have botanical/healing properties that are easy to grow and to work with in our Northwoods climate, we will share planning and planting tips, seed, and plant sources for spring planting.

4 pm
Wednesday, Mar. 24
\$10

How to Grow Your Own Color and Plant Based Fibers Part 2 *VIRTUAL*

Learn the basics of growing your own color and plant-based fibers. Learn about plants that can be cultivated and found in nature that will yield color for both natural dyeing and making pigments. We will cover varieties and when and how seeds need to be started, where to get plants starts, etc., and demonstrate indoor planting methods. We will talk about seed starting indoors, growing medium, and briefly cover the process of harvesting and drying. (Watch for classes in mid- to late summer and fall on hands-on dyeing at the Northwoods Community Garden.)

4 pm
Wednesday, Apr. 7
\$10

Traditional Planting *VIRTUAL*

Before guilds and companion planting, indigenous people were creating Three Sisters Gardens with pollinators, milpas, and using other techniques that helped to create conditions for healthy growing harmonized with the natural world. Learn about using these practices in your own garden.

4 pm

Wednesday, Apr. 14

\$10

How to Grow and Start Herb Plants Part 2 *VIRTUAL*

A demonstration of seed starting and more in depth discussion of growing recommended herb plants, things to watch for and what they need during the growing season, when to harvest, drying or preserving when fresh, and other concerns for the herb garden.

*Watch for classes in late summer and fall in making tinctures, oil infusions, teas, salves, and other ways to use medicinal herbs.

4 pm

Wednesday, Apr. 21

\$10

Hands-on Planting Days

Planting a Color and Fiber Garden – Hands-on experience planting dye plants and flax. Learn about plant layout and care while helping to establish the teaching/demonstration garden at the Northwoods Community Garden.

*This in-person class will be subject to COVID guidelines and restrictions and participants will be expected to distance and wear masks.

10 am

Saturday, May 15

Nicolet Field, Rhinelander

Northwoods Community Garden

Free but registration required due to limited capacity

Hands-on Practice in the Northwoods Community Garden

Hands-on experience planting herbs and utilizing traditional indigenous planting techniques. Learn how to care for these plants and their garden environment.

*This in person class will be subject to COVID guidelines and restrictions and participants will be expected to distance and wear masks.

10 am

Saturday, May 22

Nicolet Field, Rhinelander

Northwoods Community Garden

Free but registration required due to limited capacity.

Community Garden Talks

Virtual talks available free of charge will be posted the last Friday of every month on the Northwoods Community Garden Website. Sponsored by the Northwoods Community Garden.

January Northwoods Community Garden Introduction and Rules

February Transplants vs. seeds – what should I do?

March What to plant when?

April Weeding made easy

May Organic pest control in the garden

Oneida County 4-H “Community Roots”

A program series for youth to learn, lead, and create through gardening.

Youth in grades 3-8 are invited to explore fun ways to grow plants both indoors and outdoors through a new series of programs that incorporates gardening, art, science, sustainability, and more. Each program includes learning, leading, and creating. Parents and caregivers can choose which programs youth would like to participate in. Sponsored by Oneida County 4-H, the University of Wisconsin-Extension in Oneida County, ArtStart, and the Northwoods Community Garden.

Seed Starting and Art in the Garden 4 pm • Thursday, March 25

Participants will receive seeds, containers, soil, and instruction to plant at home or at the Northwoods Community Garden, plus materials to create an art project in partnership with ArtStart.

Register by Mar. 12 • Cost: \$15/youth
VIRTUAL 4-H Event

Honey Bee Challenge and Art in the Garden 4 pm • Thursday, April 8

Participants will learn the critical role that honey bees play in food production by assembling model bees using bristle bot kits and constructing foraging routes for their model bees to follow. Each family will receive a challenge mat, parts to assemble a “bot,” and a honey bee sticker, plus materials to create an art project in partnership with ArtStart.

Register by Mar. 26 • Cost: \$20/family
VIRTUAL 4-H Event

Soil, Science, and Art in the Garden 4 pm • Thursday, May 6

Participants will get their hands dirty exploring soil and conducting experiments. Find out how much water your container, plot, or garden really needs and more. Plus, participants will create an art project in partnership with ArtStart and learn ways they can help a local community garden.

Register by Apr. 23 • Cost: \$15/youth
VIRTUAL 4-H Event or outside at the Northwoods Community Garden with limited participants.

Exploring, Planting, and Art in the Garden 4 pm • Thursday, June 10

Participants will learn how to plant seeds or transplant plants grown indoors into a garden, while also exploring garden design ideas and receiving tips for garden success. Plus, participants will participate in a fun art project in partnership with ArtStart.

Register by May 28 • Cost: \$15/youth
VIRTUAL 4-H Event or outside at the Northwoods Community Garden with limited participants.

Show What You Grow and Art in the Garden 4 pm • Thursday, July 22

Participants will learn how to show at a county fair what they have grown or poultry they have raised and how to sell items at a local Farmers Market. Plus, participants will make a fun art project in partnership with ArtStart.

Register by July 9 • Cost: \$10/youth
VIRTUAL 4-H Event or outside at the Northwoods Community Garden with limited participants.

Eat What You Grow and Art in the Garden 4 pm • Thursday, Aug. 26

Participants will learn through fun activities which vegetables, fruits, and other plants are most helpful to the body – and it may surprise you. Participants will also participate in a fun art project in partnership with ArtStart.

Register by Aug. 13 • Cost: \$10/youth
VIRTUAL 4-H Event or outside at the Northwoods Community Garden with limited participants.

What to do With What You Grew 4 pm • Thursday, Sept. 9

What do you do with all those fruits, vegetables, or plants you grew, or poultry you raised this past summer? Learn techniques youth can help do at home to safely preserve and store food to be eaten later. Plus, participate in a fun art project in partnership with ArtStart.

Register by Aug. 27 • Cost: \$10/youth
VIRTUAL 4-H Event or outside at the Northwoods Community Garden with limited participants.

**Register for these Oneida County 4-H events at
<https://oneida.extension.wisc.edu> or call 715.365.2750.**

*Reduced or free participation offered to all youth in grades 3-8 through 4-H.
No one will be turned away.

ARTS & CULTURE

School of the Arts Virtual Teasers!

The School of the Arts Legacy Program is a collaboration between Nicolet College and ArtStart Rhinelander. This new iteration of School of the Arts – a program formerly hosted through the University of Wisconsin Division of Continuing Studies – keeps the 50+ year tradition alive. Due to COVID-19 the program was cancelled in 2020 but for the spring we are excited to offer these virtual classes as a sneak peek of what will be offered when we can all be together safely again. All classes will be held virtually through Zoom meetings.

Participants will be mailed supply kits or can pick them up at Nicolet College and invited to the class via email. Zoom links will be available for a limited period of time after the live class.

Please register online in advance to ensure time to obtain a supply kit by visiting <https://www.nicoletcollege.edu/community/community-classes>

Drawing Mindfully

This class will teach students of all skill levels to approach their drawing practice mindfully. Highlighting similarities between the practices of mindfulness meditation and observational drawing, Instructor Jaron Childs will work with students to develop a patient, open approach to drawing their subjects. The class will focus on doing away with self-criticism while still maintaining artistic rigor as a way of developing a satisfying, lifelong relationship with drawing.

Instructor: Jaron Childs

2 - 4 pm

Thursday, Feb. 25

\$40 (includes a \$15 supply fee)

Register by February 4

Jaron Childs studied painting and photography at the Minneapolis College of Art and Design. His work has been exhibited in galleries and museums in the US, UK, Italy, and Germany. In 2014 he was given a solo exhibition at the Minneapolis Institute of Arts. Childs' paintings draw on photography's relationship with memory to make inquiries about the place of humans in the natural world. In the quarterly journal *ARTPULSE*, critic Christina Schmid said of his work, "Ever so gently, Childs defies the delusions and discipline of art history's magisterial gaze and insists on finding beauty in the humble minutiae of everyday moments and memories." Childs resides in Tomahawk, Wisconsin.

Jaron Childs



Scratch Printmaking

Have you always wanted to try intaglio printmaking, but it always seemed too intimidating? Fear not! We'll be scratching our designs into a small Plexiglas plate and using our cars (that's right – CARS) to print the plate onto paper. You'll be amazed by the results and get hooked on drypoint.

Instructor: Mel Kolstad

3 - 5 pm

Wednesday, Mar. 10

\$35 (includes a \$10 supply fee)

Register by February 17

Mel Kolstad is an artist, speaker, instructor and arts advocate who makes her home in Fond du Lac. She is a printmaker, collagist, fiber artist, and papermaker, specializing in tiny art. She is also delighted

to be a Certified Papermaker for Arnold Grummer, Inc.; a member of Wisconsin Visual Artists – Northeast Chapter; a member of ArtSpace Collective in Oshkosh; and curator for the Langdon Divers Gallery, located inside the Fond du Lac Public Library. She has also given a talk at TEDx Fond du Lac about her artwork. Mel has participated in many artist residencies throughout Wisconsin and also teaches various classes around the state.



Mel Kolstad

Botanical Contact Printing

Explore printing on paper and cloth with plants. Debra will share the basics of this process of exploring the natural world through the creative process. Each participant will be sent a kit of plant materials and paper/silk to do their own printing along with a resource guide. Participants will need to furnish rubber gloves, water, a pan with a lid (note: this is not suitable for kitchen use after using for this process) and a hot plate or stove to steam their prints. Optional supplies from your own kitchen waste and foraging will be listed in your kit.

Instructor: Debra Jircik

10 am - 1 pm

Saturday, Mar. 20

\$40 (includes a \$15 supply fee)

Register by February 27



Debra Jircik. After working with clay for over thirty years, she has shifted her focus to fiber. She has been hand papermaking for over 20 years, working with the medium in a variety of ways, and has been fortunate to study with generous teachers. She enjoys sharing art through teaching and organizing/working on collaborative community art projects and environmental installations. Her current creative practice reflects her interest in minimizing her environmental impact. Debra's most recent creative forays have been into natural dyeing and growing her own dye plants including Japanese Indigo and eco-printing as they relate to her handmade paper. Debra is raising Japanese Indigo for her fifth year and was awarded a Surface Design Association Personal Development Grant to go to Japan in October of 2017 to study Japanese indigo, seed to dye, in the context of Japanese textile tradition. She is a 2019 Artist in Residence at UW Madison's Trout Lake Limnology station. Her Circle of Life Studio, where she also offers workshops and artist retreat/resident opportunities, is in Eagle River.

Creative Art Journaling

Learn a variety of journaling techniques using simple materials. Experiment with warm-up exercises, problem solving, and capturing ideas on the fly. Create a mini book in class, have fun, and find inspiration in your portable studio.

Instructor: Angela Johnson

9 - 11 am

Saturday May 1

\$25

*Students will need a notebook and basic art supplies

Register by April 17

Angela Johnson is an artist and educator with a creative spirit. From teaching workshops, leading longterm projects, to installing site-specific public art installations and lecturing at Universities, her work facilitates across many spectrums. Her passion lies with local community and she feels strongly that, **"There is an artist in everyone. You may just not have discovered yours yet."** With her personal mantra, **"Visualize, Create, and Inspire,"** she has two decades of experience teaching in both formal and informal environments, from working in elementary schools, museums, and senior centers to colleges and universities. She has inspired many, from toddlers to adults in their nineties and all ages in between. Her areas of expertise include: photography, (digital, darkroom, and alternative processes) bookmaking, box making, creativity, mindfulness, and yoga workshops. The creation of her art appears in many forms.

Angela Johnson



Environmental Art Online Workshop

Environmental Art is a great way to connect with our natural world and immerse yourself in the creative process while having fun outside. Do you want to reduce your stress by spending more time outside doing something creative? Or do you just love making things and just want to try something new? Environmental Art is a growing field in the visual arts and there are numerous artists around the world making exciting Environmental Art.

This is an opportunity for you and maybe your family, to learn how to make your own site-specific environmental art installations and to learn about this growing field from artists and educators. Thielking and Robinson will give a presentation introducing environmental art, its history, and a range of exciting contemporary works in the field. They will also talk about their own environmental work and their collaborations with the

international Catching A Wave Collective (CatchingaWave.org). Participants will be making several environmental site-specific works, will document them and share them through a virtual gallery, and will be invited to share their work with other participants in a follow up conversation. No experience necessary and all ages welcome.

Instructors: Lisa Beth Robinson & Kristin Thielking
10 am - noon
Saturday May 22
\$25

Lisa Beth Robinson and Kristin Thielking are artists, educators, and collaborators located in eastern North Carolina and Central Wisconsin. In addition to their own creative practices, the two are members of Catching a Wave International, an interdisciplinary collaborative to create public awareness about ocean health and climate change.

Kristin Thielking is a sculptor and Professor of Art and Design at the University of Wisconsin-Stevens Point. She obtained a BA in Fine Art and Comparative Literature from Brown University in Rhode Island as well as an MFA in Sculpture from UW-Madison. She has also taught at the Milwaukee Institute of Art and Design, UW-Madison, and Penland School of Crafts and has exhibited and presented on her work widely.

Lisa Beth Robinson is a book-maker and poet. She is an Associate Professor of Art at East Carolina University and has received degrees from the Johnston Center at the University of Redlands and from the University of Wisconsin-Madison. She is the proprietor of Somnambulist Tango Press and her work has been purchased by institutions such as the New York Public Library, Emory University, Yale University, and the San Francisco Museum of Modern Art.



Melinda Childs

Nicolet Art Gallery

A NEW NORTHWOODS ART EXPERIENCE

The Nicolet Art Gallery focuses on integrating arts throughout the college and into the community.

A new Northwoods art experience highlights collaborations with local non-profits, public art on campus, social gatherings, and dynamic conversations.

Upcoming Virtual Gallery Shows

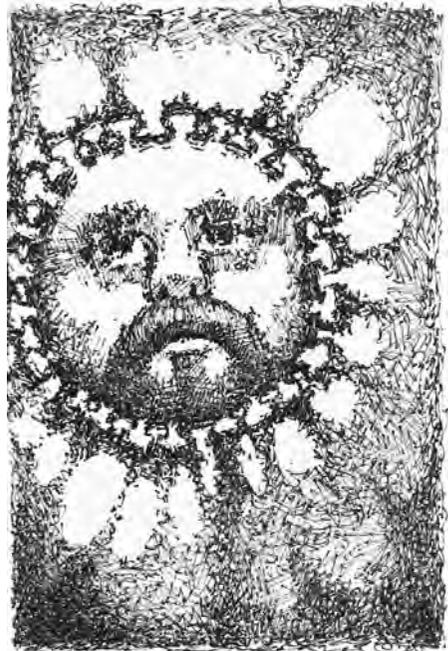
Pandemic Portraits: December 15 - April 24

Pandemic Portraits is a community show inspired in part by the mail art projects of the Dada movement. At a time when our community is more isolated than ever, we need art to bring us together. Community members are invited to create a one-of-a-kind artwork referencing the COVID-19 Pandemic and mail it to Nicolet Art Gallery. All postcards will be hung in the gallery as they are received spreading across the wall like the pandemic. Since the gallery is currently closed, artwork will also be documented and shared on social media. Community members will also receive an additional postcard to design and send to a person of their choice as a way to keep us all connected. At the end of the exhibition, the artworks will be donated to the Nicolet College time capsule as a way for future generations to understand what living through a pandemic felt like.



Kimberly Beenken

Anonymous Artist



Nicolet Student Show: April 30 - May 28

Nicolet Students exhibit their drawings, paintings, ceramics, and photography. The work is the result of a variety of exercises assigned by their instructors. The students are working with foundational principles of art such as composition, contrast, design, color, line, shape, and value. In life-drawing classes, students gain a better understanding of anatomy in order to draw and paint portraits and figures.



Jeff Levanetz

Wisconsin Regional Arts Program: June 4 - July 10

Workshop: July 10

Anyone 14 years or older is invited to submit art for this exhibit, which is sponsored by the Wisconsin Regional Artist Association (WRAA) and Wisconsin Regional Arts Program (WRAP) of the University of Wisconsin. The exhibit culminates in a day-long workshop including a lecture or demonstration and educational critique. Meritorious work selected from the numerous WRAP exhibits around the state will be displayed at the annual state WRAP exhibit.

For more information or to visit our virtual shows at www.nicoletcollege.edu/artgallery



Melinda Childs

Orianna Metzler



Nicolet Live!

Nicolet Live! brings a diverse offering of events to celebrate the performing arts from the Northwoods and around the world. People of all ages are entertained and enriched through theatre, music, and film events at Nicolet.

Due to COVID-19, Nicolet Live! performances through the first part of the year are on hold.

To keep the music flowing, WXPB and Nicolet Live! are working together on a virtual concert series to be released throughout late winter and early spring. This series will highlight local musicians, offering them a safe performance alternative to supplement lost income resulting from the pandemic. This series is sponsored by the Rhinelander Community Foundation.

NICOLET
Live!

ART START

A proud partner of Nicolet College, ArtStart invites you to view our 2021 art exhibitions.

To make art accessible to all during the pandemic, ArtStart has developed a collection of virtual gallery tours and gallery tours by appointment.

2021 EXHIBITIONS

Quarantine, A Community Art Exhibit

January 21 through February 6

School District of Rhinelander Student Show

February 11 through February 27

GFWC Rhinelander Woman's Club Helen F. Mears Art Contest

March 25 through March 27

Printmaker Mel Kolstadt & Installation Artist Liz Miller

March 4 through May 8 (check out Mel's School of the Arts Teaser Class)

Paintings and Sculpture by John Martin Bell & Ceramicist Ash Kyrie

May 20 through August 7

**ArtStart is located across the street from
McDonald's in Downtown Rhinelander.**

Visit www.artstartrhineland.org for more information

Ash Kyrie



LEARNING IN RETIREMENT

Learning in Retirement (LIR) at Nicolet College is “A place where Learning Never Retires!” LIR is created for and directed by retired and semi-retired Northwoods residents. The program offers short-term learning experiences. Most classes are a single session, while others involve multiple sessions. This is learning for the sheer pleasure of it. There are no grades, no tests, and no required attendance. **Due to COVID-19, all classes are virtual.** Some of our classes are recorded and we can make them available to our members to view at other times.

Here are a few examples of classes lined-up for Spring Semester 2021:

Oh, The Places You’ll Go!

A sequel to Roadside Attractions, we will journey through the heartland of America and visit many strange and wonderful oddities, some along the way and a few off the beaten path. Amongst the peculiar places we will be rewarded by a visit with a UFO, a van Gogh painting the size of a house, the home of Superman (not Krypton!), and so much more. Join us on a venture where the road less traveled reveals the strange and delightful.

Presenter: Steven Schreier

We Are Stardust

The visible world is made from various combinations of fundamental building blocks called elements. This course investigates the origin of these elements from cosmic and stellar processes. Join us to find out how you resemble a star. Gary Dallman spent his career in education teaching High School Science. He has presented many classes to the Green Bay Lifelong Learning Institute.

Presenter: Gary Dallman

Where Two Worlds Meet (2 sessions)

This class explores the divergent cultures of people living on “the borderlines,” people who live in two worlds on a daily basis. The class will focus on the community of Lac du Flambeau with its rich Ojibwe Indian history and traditions and “the other,” non-Indian people who have made Lac du Flambeau their home. Gregg Guthrie, a member of the Lac du Flambeau Band of Lake Superior Chippewa Indians, will take us on this interesting journey toward a better understanding of one another.

Presenter: Gregg Guthrie

Ced Vig Nature Series (6 sessions)

Ced’s Nature Series continues its tradition of honoring Ced Vig (1912-2010), local naturalist, educator, writer, and founder of this series. With the promise of spring, we again offer a series of presentations on all things natural in the Northwoods. Birds and trees will dominate the topics. A brief list of topics scheduled: 1) population decline in Northwoods loons, 2) current threats to forest health, 3) bluebirds in Wisconsin, and 4) ruffed grouse. Two other speakers will join the line-up.

Presenter: Various Speakers

To become a member, go to: www.nicoletcollege.edu/lir

Spring semester classes begin January 12 and end mid-May, 2021.

The membership registration fee is \$30

Contact Learning in Retirement to ask questions and learn about becoming a member.

P: 715.365.4491 or 800.5044.3039 ext 4491 (leave a message)

E: bpeltier@nicoletcollege.edu or LIR@nicoletcollege.edu

BUSINESS & PROFESSIONAL DEVELOPMENT

THE GRID

Innovation without boundaries

What can The GRID do for you?

The GRID (Guiding Rural Innovation and Development) is a collaborative economic development initiative focused on building a culture of innovation and entrepreneurship in northern Wisconsin to generate a vibrant and diverse rural economy.



The GRID is designed to provide a network among new and growing businesses and to connect them to information and resources. Collaborators include the Vilas County Economic Development Corporation, Oneida County Economic Development Corporation, Grow North Regional Economic Development Corporation, UW Extension – Oneida County, ArtStart, and Nicolet College.

Using new virtual interfaces to our advantage, The GRID is offering a new entrepreneurial training series. Join us as digital animated content guides you through the entire stream of training. The interactive website houses a large variety of training and networking opportunities. Our online toolkit approach integrates presented content, downloadable materials, and live Q&A sessions in a fun and creative way. When you visit, click around a Northwoods scene to different areas of interest according to workshop topics. In each section you can view intro videos, presentations on various topics, and download materials. Specific workshop days will include live Zoom “open house meetings” for participants to speak one-on-one with the presenters for personalized assistance. The Q&A sessions will be recorded and then available on the website for those who can’t attend. We hope to see you on our new virtual platform this spring.

For more information or to attend a virtual event visit: thegridwi.org

One of several workshop days will focus on our new work/life balance in a COVID world. Check it out below; the cost is free but online pre-registration is requested.

Resilience During COVID: A New Work/Life Balance *VIRTUAL*

Clearly 2020 brought on significant levels of stress for everyone throughout the world. As we begin a new year and face new challenges, learning to be more resilient during stressful times will be imperative to our physical and mental health especially in regard to our work. During this one-hour session, Michelle Madl-Soehren, owner of Atuni Group, LLC will be focusing on facets of resiliency and how individuals can become more resilient to buffer themselves against the negative effects of stress.

Instructor: Michelle Madl-Soehren

Noon - 1 pm

Wednesday, Feb. 24

No cost but pre-registration requested. Register online at thegridwi.org

Entrepreneurship

NET: Nicolet Entrepreneurship Training

Preparing for Entrepreneurial Success

- Have you been thinking about starting your own business?
- Do you have an idea for a new business?
- Are you looking for support and guidance to turn your idea into reality?



Meet virtually to receive advice and guidance from an experienced business coach to help you identify your... **next steps**. Learn about available resources and find out if entrepreneurship is right for you with a comprehensive self-assessment. For more information visit thegridwi.org.



BUILDING LEADERS
[inside your business]

Inside Leadership is a practical, common-sense development program that gives both new and experienced leaders essential skills they can immediately apply at work. In a series of monthly sessions, your leaders will take a deeper look inside topics ranging from communication and team skills to time management and interview techniques. Empower the leaders inside your organization to drive business success.

COST

Individual Cost per Virtual Module: \$89

MODULES

Every Tuesday 8am-10am

- HAVE THE TITLE, NOW WHAT DO I DO? Jan. 12
- IDENTIFY YOUR LEADERSHIP STRENGTHS AND COMMUNICATION PREFERENCES Jan. 19
- WHAT AND HOW TO COMMUNICATE Jan. 26
- REV THEM UP Feb. 2
- GETTING THE PERFORMANCE YOU WANT Feb. 9
- LEADING THROUGH CHANGE Feb. 16
- WHERE DID THE DAY GO? Feb. 23
- HIRING THE BEST EMPLOYEES Mar. 2
- KEEPING THE GOOD ONES Mar. 9

**FOR MORE INFORMATION OR TO REGISTER,
SEARCH INSIDE LEADERSHIP AT NICOLETCOLLEGE.EDU**

CERTIFICATION & LICENSING

Food & Beverage

Please Note for all Food Manager Classes:

Prior to class, students are required to read the textbook: ServSafe Coursebook, 7th ed., 2017, updated with the 2017 FDA Food Code, published by the National Restaurant Association. For more details or to request materials to be mailed to you, contact Continuing Education at 715.365.4544 or ce@nicoletcollege.edu. Purchase a textbook which includes a scantron (needed for testing) for approximately \$112 or a separate scantron sheet for approximately \$43.

Registration information available online at nicoletcollege.edu

or contact ce@nicoletcollege.edu or 715.365.4544

Food Manager Sanitation Certification

Managers and employees in the food service industry will learn proper food safety procedures. The course fulfills the requirements of the Wisconsin Food Code and is the only option for those taking the examination for the first time or needing to recertify their expiring Food Manager Sanitation certification. A review of changes in the codes and regulations related to food safety and sanitation will be provided. Procedures for food preparation, sanitary work habits, cleaning and sanitizing procedures, and principles of Hazard Analysis and Critical Control Points (HACCP) will be covered. Instruction will be followed by an approved 90-question ServSafe examination. Successful completion of the examination with a score of 75% or greater will enable the student to retrieve and print their Certificate from the ServSafe website at no cost and serves as proof of certification for five years per the Department of Agriculture, Trade & Consumer Protection.

Rhinelanders Nicolet - Northwoods Center 113	9664 1X	1/25	M	8:30 AM - 6 PM	\$65 Mellinger 62+ \$30.27
Rhinelanders Nicolet - Northwoods Center 207/208	9665 1X	2/15	W	8:30 AM - 6 PM	\$65 Mellinger 62+ \$30.27
Rhinelanders Nicolet - Northwoods Center 207/208	9666 1X	3/15	M	8:30 AM - 6 PM	\$65 Mellinger 62+ \$30.27
Rhinelanders Nicolet - Northwoods Center 207/208	9667 1X	4/19	M	8:30 AM - 6 PM	\$65 Mellinger 62+ \$30.27

Food Manager Certification Exam

While it is highly encouraged that students take the certification course prior to the examination, you may choose to register for the examination portion only. Successful completion of the approved 90-question ServSafe examination with a score of 75% or greater will enable the student to retrieve and print their certificate from the ServSafe website at no cost and serves as proof of certification for five years per the Department of Agriculture, Trade, and Consumer Protection.

Rhinelanders Nicolet - Northwoods Center 207/208	9668 1X	1/25	M	4 PM - 6 PM	\$35 Mellinger 62+ \$28.05
Rhinelanders Nicolet - Northwoods Center 207/208	9669 1X	2/15	W	4 PM - 6 PM	\$35 Mellinger 62+ \$28.05
Rhinelanders Nicolet - Northwoods Center 207/208	9670 1X	3/15	M	4 PM - 6 PM	\$35 Mellinger 62+ \$28.05
Rhinelanders Nicolet - Northwoods Center 207/208	9671 1X	4/19	M	4 PM - 6 PM	\$35 Mellinger 62+ \$28.05

Public Safety

Public Safety

Nicolet College's Public Safety offers a broad array of training opportunities, all of which revolve around safety and emergency response. Courses are offered for individuals, and customized training is available for businesses looking for something more.

Classes include:

American Heart Association Heartsaver First Aid CPR/AED
American Heart Association Basic Life Support (BLS) & Renewal
American Heart Association Basic Life Support (BLS) Renewal
Emergency Medical Services & Refresher
Entry Level and Certified Fire Service Training Courses



For an up-to-date listing of classes visit www.nicoletcollege.edu/publicsafety

For more information or to register call 715.365.4600 or email publicsafety@nicoletcollege.edu



COVID may have impacted our ability to meet in person, but learning doesn't have to stop. Through our partnership with ed2go, a leading online training provider, Nicolet College offers access to a wide variety of non-credit continuing education classes for professional or personal development.

Ed2go online courses are affordable, fun, fast, convenient, and geared just for you.

Learn from the comfort of your home at the times that are most convenient to you.

All of these courses are led by expert instructors, many of whom are nationally known authors, speakers, and consultants.

- Sessions start monthly
- Convenient six-week format
- Interactive learning environment
- Instructors lead each course
- Award of completion with passing score

Professional development topics include:

- Accounting and Finance
- Business
- Computers and Technology
- Design and Composition
- Health Care and Medical
- Language and Arts
- Law and Legal
- Personal Development
- Teaching and Education
- Writing and Publishing

For a complete listing of classes or to register visit ed2go.com/nicoletcollege

Please note that these online non-credit continuing education classes are provided by a third party educational vendor whose course offerings are not specific to Nicolet College. The third party vendor determines course curriculum, establishes course offering dates, employs the instructors, and assesses student progress and completion. Students enrolling in these courses are not considered Nicolet College students and are not eligible to receive services or benefits available to Nicolet College students. Although a certificate of completion may be issued by the third party vendor, completion of these courses is not documented on a Nicolet College transcript. Textbooks, software, supplies, and other course materials are the responsibility of the student.

Motorcycle Safety

Basic Rider Course

The best place to start once you've made the decision to ride. Covers the basics of operating a motorcycle and safety-oriented mental strategies. Successful completion of this course consists of six hours of formal classroom activities and ten hours of riding instruction. Classes are conducted during day, evening, or weekend sessions. The successful completion of knowledge and skill tests will waive the Wisconsin Department of Transportation skills road test. The course may also earn you an insurance discount. *Motorcycles and helmets provided for use during the course. Personal motorcycles are not allowed.

Rhinelanders Nicolet - White Pine Center 206	9662	4/24 - 4/25	SSu	8:30 AM - 4:30 PM	\$259.40	Staff 2X
Rhinelanders Nicolet - White Pine Center 206	3000	5/3 - 5/6	MTWTh	4 PM - 8 PM	\$TBD	Staff 2X
Rhinelanders Nicolet - White Pine Center 206	3004	5/15 - 5/16	SSu	8:30 AM - 4:30 PM	\$TBD	Staff 2X
Rhinelanders Nicolet - White Pine Center 206	3001	5/24 - 5/27	MTWTh	4 PM - 8 PM	\$TBD	Staff 4X
Rhinelanders Nicolet - White Pine Center 206	3005	6/5 - 6/6	SSu	8:30 AM - 4:30 PM	\$TBD	Staff 2X
Rhinelanders Nicolet - White Pine Center 206	3006	6/12 - 6/13	SSu	8:30 AM - 4:30 PM	\$TBD	Staff 2X
Rhinelanders Nicolet - White Pine Center 206	3002	6/14 - 6/17	MTWTh	5 PM - 9 PM	\$TBD	Staff 4X
Rhinelanders Nicolet - White Pine Center 206	3007	6/26 - 6/27	SSu	8:30 AM - 4:30 PM	\$TBD	Staff 2X
Rhinelanders Nicolet - White Pine Center 206	3017	7/12 - 7/15	MTWTh	5 PM - 9 PM	\$TBD	Staff 4X
Rhinelanders Nicolet - White Pine Center 206	3016	7/17 - 7/18	SSu	8:30 AM - 4:30 PM	\$TBD	Staff 2X
Rhinelanders Nicolet - White Pine Center 206	3009	7/24 - 7/25	SSu	8:30 AM - 4:30 PM	\$TBD	Staff 2X
Rhinelanders Nicolet - White Pine Center 206	3003	8/2 - 8/5	MTWTh	5 PM - 9 PM	\$TBD	Staff 4X
Rhinelanders Nicolet - White Pine Center 206	3010	8/14 - 8/15	SSu	8:30 AM - 4:30 PM	\$TBD	Staff 2X
Rhinelanders Nicolet - White Pine Center 206	3018	8/28 - 8/29	SSu	8:30 AM - 4:30 PM	\$TBD	Staff 2X
Rhinelanders Nicolet - White Pine Center 206	5000	9/11 - 9/12	SSu	8:30 AM - 4:30 PM	\$TBD	Staff 2X
Rhinelanders Nicolet - White Pine Center 206	5001	10/2 - 10/3	SSu	8:30 AM - 4:30 PM	\$TBD	Staff 2X

* State fees for summer course are to be determined.

Workplace Safety

OSHA Training Institute Education Centers



Nicolet College is not an OTI Education Center, but serves as a host training organization for National Safety Education Center.

The National Safety Education Center (NSEC) is one of 26 OSHA Training Institute Education Centers (OTIECs) in the nation. These education centers are a national network of non-profit organizations authorized by OSHA to deliver occupational safety and health training to public and private sector workers, supervisors and employers.

All courses at the Rhinelander, WI location are held at:
 Nicolet College
 Fieldside Center
 5300 Nicolet Way
 Rhinelander, WI 54501

Registration for OSHA NSEC Courses are done through the NSEC website.

To enroll in a course, please go to <https://www.nsec.niu.edu/nsec/course-schedules/osha-courses/index.shtml> and select the course number.

From there you will be able to select the Rhinelander site for registration and continue with their registration process.

Below is a list of current 2021 courses offerings through the OSHA NSEC.

COURSE NUMBER	COURSE NAME	START	END	TIME	COST	CEUs
OSHA #503	Occupational Safety and Health Standards for General Industry	01/25/21	01/27/21	8 am - 5 pm	\$700	1.8
OSHA #510	Occupational Safety and Health Standards for the Construction Industry	02/08/21	02/11/21	8 am - 5 pm	\$850	2.6
OSHA #511	Occupational Safety and Health Standards for General Industry	02/22/21	02/25/21	8 am - 5 pm	\$850	2.6
OSHA #500	Trainer Course in Occupational Safety and Health Standards for Construction Industry	03/08/21	03/11/21	8 am - 5 pm	\$850	2.6
OSHA #501	Trainer Course in Occupational Safety and Health Standards for General Industry	03/22/21	03/25/21	8 am - 5 pm	\$850	2.6
OSHA #2264	Permit-Required Confined Space Entry	04/06/21	04/08/21	8 am - 5 pm	\$725	2.0
OSHA #2015	Hazardous Materials	04/19/21	04/22/21	8 am - 5 pm	\$850	2.6
OSHA #502	Update for Construction Industry Outreach Trainers	05/03/21	05/05/21	8 am - 5 pm	\$700	1.8
OSHA #7510	Introduction to OSHA for Small Business	05/17/21	05/17/21	8 am - 12 pm	\$155	0.4
OSHA #7500	Introduction to Safety and Health Management	05/18/21	05/18/21	8 am - 3 pm	\$225	.55
OSHA #7505	Introduction to Incident (Accident) Investigation	05/19/21	05/19/21	8 am - 12:30 pm	\$225	.75
OSHA #7105	Evacuation and Emergency Planning	05/20/21	05/20/21	8 am - 12:30 pm	\$155	0.4

COURSE

NUMBER	COURSE NAME	START	END	TIME	COST	CEUs
OSHA #7205	Health Hazard Awareness	05/21/21	05/21/21	8 am - 5 pm	\$225	0.6
OSHA #502	Update for Construction Industry Outreach Trainers	08/09/21	08/11/21	8 am - 5 pm	\$700	1.8
OSHA #503	Occupational Safety and Health Standards for General Industry	08/23/21	08/25/21	8 am - 5 pm	\$700	1.8
OSHA #510	Occupational Safety and Health Standards for the Construction Industry	09/13/21	09/16/21	8 am - 5 pm	\$850	2.6
OSHA #511	Occupational Safety and Health Standards for General Industry	09/27/21	09/30/21	8 am - 5 pm	\$850	2.6
OSHA #500	Trainer Course in Occupational Safety and Health Standards for Construction Industry	10/11/21	10/14/21	8 am - 5 pm	\$850	2.6
OSHA #501	Trainer Course in Occupational Safety and Health Standards for General Industry	10/25/21	10/28/21	8 am - 5 pm	\$850	2.6
OSHA #7005	Public Warehousing and Storage	11/15/21	11/15/21	8 am - 5 pm	\$225	0.7
OSHA #7100	Introduction to Machinery and Machine Safeguarding	11/16/21	11/16/21	8 am - 12:30 pm	\$155	0.4
OSHA #7115	Lockout/Tagout	11/17/21	11/17/21	8 am - 5 pm	\$225	.75
OSHA #7300	Understanding OSHA's Permit-Required Confined Space Standard	11/18/21	11/18/21	8 am - 5 pm	\$225	0.7
OSHA #7415	OSHA Construction Industry Requirements	12/13/21	12/14/21	8 am - 5 pm	\$400	1.2
OSHA #7405	Fall Hazard Awareness in the Construction Industry	12/15/21	12/15/21	8 am - 2 pm	\$200	0.5
OSHA #7120	Introduction to Combustible Dust Hazards	12/16/21	12/16/21	8 am - 5 pm	\$200	.65
OSHA #7410	Managing Excavation Hazards	12/17/21	12/17/21	8 am - 5 pm	\$200	.65





**NICOLET
COLLEGE**

Nicolet College
5364 College Drive
PO Box 518
Rhineland, WI 54501-0518

NICOLET COLLEGE MISSION

In service to the people of Northern Wisconsin, we deliver superior community college education that transforms lives, enriches communities, fosters economic development, and expands employment opportunities.

**Nicolet College
Continuing Education**

715.365.4544

800.544.3039 ext 4544

TTY: 800.947.3529 or 711

FAX: 715.365.4596

nicoletcollege.edu



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Find us on Twitter
twitter.com/nicoletcollege

Nicolet College does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. The following person has been designated to manage inquiries regarding the non-discrimination policies: VP of Finance and Administration, Nicolet Area Technical College, PO Box 518, Rhineland, WI 54501-0518, Telephone: 715.365.4553 or TTY: 800.947.3529 or 711