



NICOLET COLLEGE

learning in retirement

Spring 2020

January – May

*You can register for offerings,  
online, at any time.*

Is a Happy Mushroom  
a Fun Guy? 5

Civil Discourse 6

Decreasing Pain and  
Increasing Mobility and  
Strength as We Age 7

Northern Waters  
Distillery Tour 7

Fifty Years of  
Nicolet Players 9



# Notes from the President

Dear LIR Friends,

Welcome to another semester, and special greetings to those of you who are new to Learning in Retirement. We are delighted to offer yet another terrific, eclectic lineup of classes to enlighten, inspire, and entertain us during the wintry months ahead and beyond. Warm thanks to the diligent efforts and support of our Nicolet College associates, the many LIR volunteers, and those who will share their unique knowledge and talents with us.

If you enjoy the LIR experience, we hope you will tell others and share it with your friends. At some point you might even consider volunteering in some way – sharing your own interests, expertise, and ideas. As you will see from the offerings here, there is virtually no limit to the topics possible in the LIR curriculum. Each one of us who has reached this stage in life likely has something to offer.

Finally, enjoy the many opportunities ahead to share these learning experiences and social events with friends old and new.

*"Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself." – Rumi*

*Petra Pietrzak, LIR President*

## From Our Curriculum Co-Chairs

Dear LIR Friends,

We have another wonderful selection of learning opportunities for you to enjoy during the snowy months ahead and into the spring when the flowers start to bloom. Thanks to our amazing Curriculum Committee which has worked so hard to secure classes that are sure to enrich your lives!

This will be my last semester as a co-chair of the Curriculum Committee. It has been a wonderful experience to work with such enthusiastic people who value life-long learning. It is certainly a group effort that makes LIR a success, and what a wonderful group we have! From the support we receive from Nicolet College to the presenters who share their talents to the various committee members who give so generously of their time, we are truly blessed.

Looking forward to seeing you this semester!

*Margaret Barnes, Curriculum Co-Chair*

Dear LIR Friends,

Where did 2019 go? It seems like only yesterday I was asked to co-chair the Curriculum Committee with Margaret. As I look at what we, all 21 members of the Committee, were able to bring to you this semester I am sure you will find something to satisfy your curiosity about our community and the wider world. Categories as varied as Social Justice, History, the Arts, Culture, Human Interest, Tours and Discussion to name a few. We had so much to choose from that we already have a number of potential classes/subjects lined up for the Fall semester! I hope to see you at one of the many presentations we are offering this Winter/Spring.

*Steven Schreier, Curriculum Co-Chair*

***Did you know that LIR provides two \$2,000 scholarships to nontraditional students at Nicolet College?***

2019-2020

## LIR Steering Committee

### President

Petra Pietrzak

### President-Elect

Michael Shores

### Secretary

Patricia Juday

### Past President

Ernest Schluter

### Members at Large

Donna DePape

Louise Schotz

### Nicolet Representative

Sandy Bishop

### Coordinator

**(Plus 50 Liaison)**

Brenda Peltier

## Committee Chairs

### Arts & Culture Co-Chairs

Walt Hobbs

Ed Lee

### Social

Joan Schluter

### Curriculum Co-Chairs

Margaret Barnes

Steven Schreier

## LIR Curriculum Committee

Gerald Anderson

Dick Emerick

Lynne Freehill

Walt Gager

Mary Grieco

Cate Hallisy

Joan Hauer

Cheryl Hobbs

Brenda Peltier

Petra Pietrzak

Carol Ritter

Leslie Sarazan

Ernie Schluter

Jane Sharkey

Rita Shores

Mary Ticknor

Lou Wilhelm

Pat Zatopa

# Location of Classes

Most directions are from Rhinelander. If you have a GPS system, you can enter the entire address into your device to get directions from your home to the location of the class.

## **ADRC of Oneida County**

(formerly Oneida County Senior Center)

100 W. Keenan St.  
Rhinelander, WI 54501

## **ArtStart**

68 S. Stevens St.  
Rhinelander, WI 54501  
(Former Federal Building.) Across from McDonald's.

## **Eagle River First Congregational United Church of Christ**

105 N. 1st St.  
Eagle River, WI 54521  
From Hwy. 70, drive three blocks east after Hwy. 45 turns north; turn left onto 1st St.

## **First Congregational United Church of Christ**

135 E. Larch St.  
Rhinelander, WI 54501

## **Marywood Spirituality Center**

3560 Hwy. 51 N  
Arbor Vitae, WI 54568  
Proceed north on US Hwy. 51 through Minocqua and Woodruff. Continue past State Hwy. 70 E sign north of Woodruff. Go about eight miles north on US Hwy. 51 past Cty. Roads M and N. As you pass N, look for the green Trout Lake Road sign on right. Marywood's driveway is on the right, immediately north of that sign.

## **Minocqua Public Library**

415 Menominee St.  
Minocqua, WI 54548  
From Rhinelander, drive north on Hwy. 47. Turn left on Midlake Road. Turn right on Hwy. 51 N (this is E. Park Ave.) to Menominee St.  
From Tomahawk, drive north on Hwy. 51; in Minocqua, turn right on E. Park Ave. then left on Menominee St.

## **Nicolet College**

5364 College Dr.  
Rhinelander, WI 54501  
The campus is located south of Rhinelander on Hwy. G. When you reach the first building on campus, there is a large billboard showing the location of each building. Refer to map on back page of this catalog.

- Fieldside Center (see below for separate directions)
- Lakeside Center
- Northwoods Center
- Tamarack Center

Directions to Fieldside Center: From Rhinelander take Hwy. G toward Nicolet College. Directly before the College's main entrance take Nicolet Way on the right to the Fieldside Center.

## **Northern Waters Distillery**

8136 US Hwy. 51  
Minocqua, WI 54548  
Located a half mile south of the main bridge, on the east side.

## **Oneida County Health Department**

(located at ADRC)  
100 W. Keenan St.  
Rhinelander, WI 54501

## **Oneida County Law Enforcement Center (Sheriff's Department)**

200 E. Winnebago St.  
Rhinelander, WI 54501  
Just off Hwy. 17 bypass (also Chippewa Dr.) Location is well signed and is on the same street as the YMCA. Law Enforcement Center is on your left.

## **Pine Lake Town Hall**

4197 River Road  
Rhinelander, WI 54501  
From Hwy. 17 N, turn onto Stevens St., right onto Cty. W, left onto River Road.

## **Rhinelander-Oneida County Airport**

3375 Airport Road  
Rhinelander, WI 54501  
Airport is 1.3 miles west of the Hwy. 8/47 roundabout in Rhinelander. Follow signs to the main terminal.

## **YMCA of the Northwoods**

2003 E. Winnebago St.  
Rhinelander, WI 54501  
This is on Hwy. 17 N, just north of Timber Dr. and the Rhinelander Ice Arena.

# Worksheet for Spring 2020 Classes

Use this worksheet to register online. \$45 New Member Fee

Online Registration begins January 6, 2020.

Go to: [nicoletcollege.edu/lir](http://nicoletcollege.edu/lir)

JANUARY					
Name 1	Name 2				
		27	Mon	9:30 AM	Current Events (9 sessions)
		27	Mon	1:30 PM	How Do We Count America?
		28	Tue	9:30 AM	Oneida County Public Health Department Tour
		28	Tue	1:30 PM	Connecting the Northwoods
		29	Wed	9:30 AM	Emerson, Thoreau, and the Transcendentalist Movement (4 sessions)
		29	Wed	1:30 PM	We Tan the World: Hemlock Bark Leather Tanning, A Forgotten History
		30	Thur	9:30 AM	Northwoods Go Big Read Book Discussion
		31	Fri	9:30 AM	What We're Reading Now: Non-Fiction (8 sessions)

FEBRUARY					
Name 1	Name 2				
		7	Fri	9:30 AM	Strength, Endurance, and Agility Assessment for Seniors (Same class occurring on Feb. 26, choose one)
		11	Tue	9:30 AM	TED Talks, Eagle River (3 sessions)
		12	Wed	1:30 PM	Northern Waters Distillery Tour (Same class occurring on Feb. 19, choose one)
		13	Thur	1:30 PM	Taking Unexpected Paths
		14	Fri	1:30 PM	Introduction to the League of Women Voters
		19	Wed	1:30 PM	Northern Waters Distillery Tour (Same class occurring on Feb. 12, choose one)
		20	Thur	1:30 PM	Fifty Years of the Nicolet Players (Same class occurring on March 16, choose one)
		21	Fri	1:00 PM	Great Decisions (8 sessions)
		26	Wed	1:30 PM	Strength, Endurance, and Agility Assessment for Seniors (Same class occurring on Feb. 7, choose one)

MARCH					
Name 1	Name 2				
		10	Tue	10:00 AM	ArtStart Spring Exhibit (10 - 11:30 AM)
		11	Wed	10:00 AM	Behind the Law Enforcement Center Doors (choose one)
		11	Wed	1:00 PM	Behind the Law Enforcement Center Doors (choose one)
		12	Thur	9:30 AM	Skeptics Guide to American History, Part 3 (4 sessions)
		16	Mon	1:30 PM	Fifty Years of the Nicolet Players (Same class occurring on Feb. 20, choose one)
		17	Tue	9:30 AM	Our Healthcare System's Ills and Proposed Remedies
		17	Tue	1:30 PM	Civil Discourse
		20	Fri	1:00 PM	Finding the Missing Piece to Peace (3 sessions)

**MARCH (CONTINUED)**

Name 1	Name 2				
		24	Tue	1:00 PM	Reel Heroes to Real Heroes
		25	Wed	12:30 PM	Ernie's Matinee Movies (8 sessions)
		26	Thur	1:00 PM	The Best of YouTube
		31	Tue	9:30 AM	Ginseng: History and How It's Grown
		31	Tue	1:30 PM	Recycling and Composting in Today's World

**APRIL**

Name 1	Name 2				
		2	Thur	1:30 PM	Those Aging Pearly Whites
		7	Tue	1:00 PM	Where Two Worlds Meet (4 sessions)
		8	Wed	9:30 AM	Ced's Nature Series (7 sessions)
		9	Thur	9:30 AM	World of Taxidermy
		9	Thur	1:30 PM	Medical History: Live, Laugh, Learn!
		16	Thur	9:30 AM	Guatemala – Meeting the Needs of the Poorest of the Poor
		16	Thur	1:30 PM	Wisconsin English
		20	Mon	1:30 PM	The Paper Industry Environmental Performance – Past, Present, and Future
		23	Thur	9:30 AM	Great Masters of Western Painting (4 sessions)
		23	Thur	1:30 PM	Genealogy and DNA Primer
		27	Mon	9:30 AM	Who am I Now? and Tour of Marywood Spirituality Center
		27	Mon	1:30 PM	Solving Addictions a Different Way
		28	Tue	9:30 AM	Decreasing Pain and Increasing Mobility and Strength as We Age
		30	Thur	1:00 PM	What It Takes Before Takeoff (choose one)
		30	Thur	2:30 PM	What It Takes Before Takeoff (choose one)

**MAY**

Name 1	Name 2				
		4	Mon	1:00 PM	History and Survey of United States Constitutional Law (2 sessions)
		11	Mon	9:30 AM	Is a Happy Mushroom a Fun Guy?
		15	Fri	9:30 AM	What to Do With That Room

**Please save this worksheet for your reference when you register beginning January 6, 2020.**

LIR will be hosting three days of registration assistance on January 6, 7, & 8, 2020, at Nicolet College's Fieldside Center in room 108 from 9:00 am to 1:00 pm. Please refer to the map on page 12 for directions. If you are unable to come to the Fieldside Center during this time, call 715.365.4593 and we will assist you by phone.

Additional registration assistance will still be available after January 8 by calling 715.365.4593 or 715.365.4491 or TTY: 800.947.3529 or 711.

**Remember, you can register anytime throughout the spring semester.**

## Register early. Courses have limited space.

*All classes are two hours unless otherwise indicated. See page 1 for location of class sites, addresses, and driving directions.*

### Classes begin Monday, January 27.

**Member registration fee - \$45 (good to June 30, 2020). You can register at any time.**

## Monday

### Current Events

Michael Shores, Char Schneider, Pete Day  
January 27; February 10, 24;  
March 9, 23; April 6, 20; May 4, 18  
9:30 am  
ADRC, Balsam Room  
Host: Rita Shores  
715.420.0284

Current Events is one of LIR's longest running classes. That may be because even in times of political discord, we have been able to share the views of the news that interests our members. There are many topics that are not controversial, and those that are can be examined through an objective lens. These are not front page news stories that belong on the op-ed page.

**Maximum: 30**

### How Do We Count America?

Georgina Manley, Partnership Coordinator  
January 27  
1:30 pm  
Pine Lake Town Hall  
Host: Gerald Anderson  
Cell: 715.482.0474

The Constitution requires a census of Americans every ten years, primarily for apportioning congressional seats, but there's a lot more to it than that. Learn about how the various parts of the census will be done in 2020 and the many ways the information gained affects all of our lives.

### The Paper Industry Environmental Performance – Past, Present, and Future

Cara Kurtenbach, Environmental Manager  
April 20  
1:30 pm  
Pine Lake Town Hall  
Hosts: Steven Schreier/  
Lou Wilhelm  
Cell: 715.360.1064

A timeline of environmental practices, results, and influences in the paper industry will be discussed. Topics will include forestry management, water quality, air quality, and solid waste management.

### Who Am I Now? and Tour of Marywood Spirituality Center

Barbara Kane (program) and Sr. Elizabeth Amman (tour)  
April 27  
9:30 am  
Marywood Spirituality Center  
Host: Mary Ticknor  
715.401.4408

"Change is constant. Growth is optional." When circumstances change (retirement, the death of a spouse or parent, changes in health, etc.) one's own identity may be put into question. During these times, one may wonder, "Who Am I Now?" Based on the work of teacher William Bridges, author of "Transitions," learn ways to better understand the notion of change, and learn ways to adapt and recreate yourself. A tour of Marywood Spirituality Center will follow the program.

**Maximum: 25**

### Solving Addictions a Different Way

Mary Rideout  
April 27  
1:30 pm  
Pine Lake Town Hall  
Host: Gerald Anderson  
Cell: 715.482.0474

High and increasing percentages of prisoners in county and state facilities are there because of some kind of substance abuse. Merely locking them up does little to solve the problem, but many people think specialized drug courts will lead to better and more permanent results. Mary Rideout, with the Department of Social Services, and others will inform us about what is being done in Oneida County.

## History and Survey of United States Constitutional Law

Ted Russell  
May 4 and May 11  
1 - 3 pm  
Minocqua Public Library  
Host: Margaret Barnes  
715.369.2435

Join history buff Ted Russell on a fascinating journey examining the history and untold stories of constitutional law in the United States. This will be the third of a series of classes on US Constitutional Law. The first two classes focused on the history and textual elements of the Constitution, the 1787 convention, the ratification, and the Bill of Rights. We will review these important events and go on to the history of the Constitution.

**Maximum: 60**

## Is a Happy Mushroom a Fun Guy?

Anne Small  
May 11  
9:30 am  
Pine Lake Town Hall  
Host: Dick Emerick  
715.362.7964 Cell: 815.275.0229

Did you ever wish you knew more about those mysterious mushrooms of all shapes and sizes that pop up in our yards and forests? Anne Small, club coordinator of the Northstate Mycological Club, will give you information on fungi and mushroom biology and explain their place in the Northwoods.

## Tuesday

### Oneida County Public Health Department Tour

Oneida County Health Department Staff  
January 28  
9:30 am  
Oneida County Health Department (ADRC)  
Host: Steven Schreier  
Cell: 715.360.1064

During this tour, the health department staff will explain the services provided by their office. In order to protect, nurture, and advance the health of our community, the health department is authorized to inspect and license food and lodging facilities, provide immunization/flu shots, enforce state laws and local ordinances regarding hazardous environmental conditions, provide reproductive health information, and administer the WIC program.

### Connecting the Northwoods

Roger Youngren  
January 28  
1:30 pm  
Pine Lake Town Hall  
Host: Gerald Anderson  
Cell: 715.482.0474

Ever wonder where those buses go? Roger Youngren, transit manager of our local two-county transit authority, will explain how the transit authority came about and how it benefits us and our neighbors with so many essential destinations so far away.

## TED Talks, Eagle River

Donna DePape  
February 11, 18, 25  
9:30 am  
Eagle River First Congregational Church of Christ, Fellowship Hall  
Host: Ingrid Stephan  
715.617.1850

Here they come again! TED Talks (Technology, Entertainment, and Design) continues to add to its collection of fascinating talks. A wide variety of topics is available from the cosmos to medical advances and from locating archeological sites from space to creating hope through music. We usually select four 20-minute talks per session (loosely connected in theme), and then the fun begins. First we view a presentation and then have a chance to offer thoughts of our own before moving on to another of the selected talks. We also have a break and a chance to visit. Come join this enthusiastic and friendly group.

**Maximum: 40**

## GET INVOLVED

*Are you interested in volunteering for LIR's curriculum, steering, or social committees? If so, please contact 715.365.4491 for more details.*

## ArtStart Spring Exhibit

ArtStart Staff  
March 10  
10 - 11:30 am  
ArtStart  
Host: Jane Sharkey  
715.369.1117 Cell: 719.216.2127

Contemporary painters Martin Rowe and Daniel Fleming use the medium of acrylic to make sense of today's world. Originally from the UK, Rowe describes his work as a starting point for exploring color and light, creating mood – tension or harmony – that is part of the story of each painting. Fleming is known for his aggressive brushwork, expressive symbols, and a colorful palette. Inspired by multiple viewpoints, he explores the complex history of our world. ArtStart staff will introduce the exhibit and lead the tour. Having lunch together afterward at a local restaurant is an option.

## Our Healthcare System's Ills and Proposed Remedies

Dorothy Skye, VMD, MD, FACOG  
March 17  
9:30 am  
Pine Lake Town Hall  
Host: Petra Pietrzak  
Cell: 847.530.7004

Physicians have to boil down medical complexities, mix in compassion and understanding of patients' needs and desires, and make something useful from it all... something that provides comfort and restores good health. Dr. Dorothy Skye applies this approach to healthcare reform. She will seek your input and offer useful prescriptions.

## Civil Discourse

Jane Banning, MSSW  
March 17  
1:30 pm  
Pine Lake Town Hall  
Host: Leslie Sarazan  
715.282.2060 Cell: 608.335.9747

This non-partisan, non-political class is about ways to connect, understand, and have civil conversations when it seems there are no paths through the thickets. Pick up some fundamental skills in how to converse with people with whom you disagree. Learn a bit about how our brains work (stories vs. facts and data), how to ask a great question, plus a couple of strategies for keeping cool.

## Reel Heroes to Real Heroes

Ernest Schluter  
March 24  
1 pm  
Pine Lake Town Hall  
Host: Joan Schluter  
715.282.6435

Here's your chance to learn about the actors and actresses who served our country so well during WWII. The studios, actresses, and actors all played their part on the homefront as well. Of the actors who donned the uniform, most volunteered, some were killed, and many were wounded. They were truly heroes on and off the screen. As Tom Brokaw wrote, "These people were part of the Greatest Generation."

## Ginseng: History and How It's Grown

Deb Shaw  
March 31  
9:30 am  
Pine Lake Town Hall  
Host: Cate Hallisy  
Cell: 248.303.6005

Today you can buy ginseng as candy, tea, drops, or gum. Learn about the history of ginseng and why it is now such a big commodity in Wisconsin. How did the ginseng industry come to be here, and how is it grown in central Wisconsin?

## Recycling and Composting in Today's World

Deb Shaw  
March 31  
1:30 pm  
Pine Lake Town Hall  
Host: Cate Hallisy  
Cell: 248.303.6005

Whether it's composting garden debris or food scraps, we can all do our part to assure that our soil is healthy and well maintained for future generations. Deb Shaw, horticulture expert from Hsu Ginseng, will help us explore the history of recycling and composting and share the most up-to-date methods to reduce the growth of landfills.



## Where Two Worlds Meet

Gregg Guthrie

April 7, 21, 28; May 5

1 pm

Minocqua Public Library

Host: Joan Hauer

715.367.6540 Cell: 715.892.1549

This class explores the divergent cultures of people living on "the border lines," people who live in two worlds on a daily basis. The class will focus on the community of Lac du Flambeau with its rich Ojibwe Indian history and traditions and "the other," non-Indian people who have made Lac du Flambeau their home. Gregg Guthrie, a member of the Lac du Flambeau Band of Lake Superior Chippewa Indians, will take us on this interesting journey toward a better understanding of one another.

**Maximum: 60**

## Decreasing Pain and Increasing Mobility and Strength as We Age

Kurt Klemm

April 28

9:30 am

Pine Lake Town Hall

Host: Margaret Barnes

715.369.2435

Learn of the growth of the physical therapy profession from bachelor to doctoral programs over the last three decades and how modern therapy can help us with our aches and pains. Kurt Klemm, physical therapist, will cover some basic anatomy and physiology along with many of the problems we all encounter as we age. There will be time for Q&A.

## Wednesday

### Emerson, Thoreau, and the Transcendentalist Movement

Jim Leschke

January 29; February 5, 12, 19

9:30 am

First Congregational United Church of Christ, Dean Theatre

Host: Pete Day

715.362.3402

This is a continuation of last semester's video class with Professor Ashton Nichols. Through the magic of DVD, he will shine a light on the writing of Emerson and Thoreau, plus such luminaries as Walt Whitman and Emily Dickinson. He will also explore the influence of the Transcendentalist Movement into the 19th and 20th centuries. Join in a stimulating series of lectures and participate in lively discussions. It is not necessary to have attended the previous sessions.

**Maximum: 40**

## We Tan the World: Hemlock Bark Leather Tanning, A Forgotten History

John Bates

January 29

1:30 pm

Pine Lake Town Hall

Host: Tom Jerow

715.401.1578 Cell: 715.401.1578

Milwaukee led the world in tanning leather in the early 1900s, although tanneries were in operation throughout all of Wisconsin from the mid-1800s to the early 1920s. Most used hemlock bark for tanning the leather, thus hemlock trees were cut down by the tens of millions to supply the tanneries. The tanbark industry was an important part of early Wisconsin's economy, and thousands of people were employed around the state in the art of bark tanning. Come learn more about this lost story from John Bates, author of "Our Living Ancestors: The History and Ecology of Old Growth Forests in Wisconsin."

## Northern Waters Distillery Tour

Peter Nomm, Owner

February 12 or February 19

(choose one)

1:30 pm

Northern Waters Distillery

Host: Petra Pietrzak

Cell: 847.530.7004

This distillery founded in 2013 produces handcrafted spirits including whiskey, vodka, gin, rum, and a variety of flavored products and liqueurs. Each batch, each barrel, and each bottle have uniquely independent characteristics that can only be appreciated a sip at a time. Learn about the process, smell the mash, see the raw spirits flowing from the still, and complete the experience by savoring the finished product.

**Maximum: 20 per tour**

## PLEASE BE CONSIDERATE!

*If you need to cancel a class for any reason, we ask that you call your class host to inform him or her. THANK YOU!*

## Behind the Law Enforcement Center Doors

Sheriff Grady Hartman  
March 11  
10 am or 1 pm (choose one)  
Oneida County Law Enforcement  
Center  
Host: Mary Grieco  
715.362.4040 Cell: 715.360.4646

Oneida County Sheriff Grady Hartman will lead a tour of the Law Enforcement Center, including the dispatch center, and explain what it takes to keep his department running smoothly – and our community safe. Bring your questions.

**Maximum: 25 per session**

## Ernie's Matinee Movies

Ernie Schluter  
March 25; April 1, 8, 15, 22, 29;  
May 6, 13  
12:30 - 4 pm  
Pine Lake Town Hall  
Host: Joan Schluter  
715.282.6435

If you have nothing better to do, join us for a movie or two. The theater is at Pine Lake Town Hall, plenty of room for one and all. I have to say, but it's only a hunch, you will enjoy the matinee movie bunch.

## Ced's Nature Series

Dick Emerick, Carol Ritter,  
Lou Wilhelm  
April 8, 15, 22, 29; May 6, 13, 20  
9:30 am  
Pine Lake Town Hall  
Host: Carol Ritter  
715.614.3500

Ced's Nature Series continues its tradition of honoring Ced Vig (1912 - 2010), local naturalist, educator, writer, and founder of this series. Since one of Ced Vig's monikers was "A Writer for all Seasons", a reference to his long-running newspaper column "Wisconsin Woodsmoke – Four Seasons of the Northwoods", it is only fitting that with the promise of spring, we again offer a series of presentations on all things natural in the Northwoods. Topics are varied, but focus on requests of attendees in previous years, often common animals and plants in Wisconsin. Some more general ecology topics may be included. The speakers are mostly professional natural resources practitioners and educators in our state, but some may even be from nearby states or universities. Hope to see you in April, when "the maple sap is running and the robins are returning." Ced Vig

## Thursday

### Northwoods Go Big Read Book Discussion

Petra Pietrzak  
January 30  
9:30 am  
Nicolet College, Northwoods  
Center, room 209  
Host: Petra Pietrzak  
Cell: 847.530.7004

UW-Madison's Go Big Read selection for 2019-2020 is "The Poison Squad" by Deborah Blum, the dramatic true story of the fight for food safety in the US at the turn of the 20th century. Detailing the complex interchanges of industry, media, and government regulation with a bracing clarity, "The Poison Squad" offers a prescient perspective on the enormous social and political challenges we face today. Attendees should read the book beforehand and be prepared to join in on the discussion.

**Maximum: 40**

### Taking Unexpected Paths

Mary Roth Burns  
February 13  
1:30 pm  
ADRC  
Host: Gerald Anderson  
715.482.0474

In the course of becoming a female attorney, Mary Roth Burns' life has faced many experiences of turning unexpected bumps in the road into opportunities. Come prepared to discuss how we can move through obstacles toward productive changes in our lives.

**Maximum: 40**

## OUR MISSION

*Learning in Retirement values a lifelong learning process that provides education and social opportunities that are stimulating, exciting, challenging, and fun.*

## Fifty Years of the Nicolet Players

Jim Nuttall  
February 20 (Th) or  
March 16 (M) (choose one)  
1:30 pm  
Nicolet College,  
Lakeside Center Theatre  
Host: Mary Ticknor  
Cell: 715.401.4408

The Nicolet Players have produced 185 plays since the theatre was first built on the Rhinelander Campus in 1971. Join Nicolet Theatre Director Jim Nuttall as he takes you through the highlights of Players productions from the past 50 years through photos and stories. We will also look at the evolution of the Nicolet Theatre facility and take a backstage tour.

**Maximum: 20 per session**

## Skeptics Guide to American History, Part 3

Michael Shores  
March 12, 19, 26; April 2  
9:30 am  
First Congregational United  
Church of Christ, Dean Theatre  
Host: Rita Shores  
715.420.0284

This will be the final semester for "The Skeptic's Guide" as Dr. Stoler examines The Great Depression, FDR's New Deal, and misconceptions and myths surrounding WWII, the Cold War, and the Vietnam War. The final lectures include a summation of the myths surrounding American wars, what really matters in history, and a reminder that history does not begin with us.

**Maximum: 40**

## The Best of YouTube

Ernest Schluter  
March 26  
1 pm  
Pine Lake Town Hall  
Host: Joan Schluter  
715.282.6435

YouTube is a gold mine of useful and useless information available to computer users. Long-time LIR member Ernie Schluter picked out some of his favorites for your approval or disapproval. These snippets are generally 5 to 10 minutes long. Come fill your minds with a bunch of useless information. Ernie guarantees you will enjoy it or double your money back!

## Those Aging Pearly Whites

Mary Padgett, DDS  
April 2  
1:30 pm  
Pine Lake Town Hall  
Mary Grieco  
715.362.4040 Cell: 715.360.4646

Crowns, caps, bridges, fillings – most of us have our dentists do whatever they can to keep our teeth in good chewing condition. Like other parts of our bodies, added years can mean added dental issues. Local dentist Dr. Mary Padgett has spent much of her career working with older patients. She will explain how our teeth can change as we age and give some guidelines for keeping them healthy.

## World of Taxidermy

Dennis Rinehart  
April 9  
9:30 am  
Pine Lake Town Hall  
Host: Leslie Sarazan  
715.282.2060 Cell: 608.335.9747

Learn about all aspects of taxidermy, including the process and materials used for birds, mammals, game heads and fish. You'll also learn about the evolution of taxidermy since the 30's from Dennis Rinehart, the owner of the American Institute of Taxidermy.

## Medical History: Live, Laugh, Learn!

Walt Gager, MD  
April 9  
1:30 pm  
Pine Lake Town Hall  
Host: Margaret Barnes  
715.369.2435

Come and learn about the history of medicine in Wisconsin. "doctors" weren't even doctors in the early years. Why did Chicago grow as a western stepping-off point and not Milwaukee? Milwaukee had a much better harbor. What diseases killed the majority of folks in the years 1850 through the early 20th century? Who were the early medicine men? Walt Gager, MD, will address the answers to these questions and much, much more!

## Guatemala – Meeting the Needs of the Poorest of the Poor

Lynn Murphy  
April 16  
9:30 am  
Pine Lake Town Hall  
Host: Margaret Barnes  
715.369.2435

Central Americans are leaving their homes in record numbers. Without a clear understanding of the root cause of the extensive poverty in the region, it can be challenging to be empathetic to the needs of the poorest of the poor who are making this dangerous journey and are seeking refuge in the United States. During this presentation, Lynn Murphy, Assistant Professor of Nursing at Bellin College in Green Bay, will be discussing what the root causes are and what is being done to assist the people of Central America.

## Wisconsin English

Joe Salmons  
April 16  
1:30 pm  
Pine Lake Town Hall  
Host: Steven Schreier  
715.360.1064

This presentation, including plenty of audience participation, will explore the kinds of English spoken in our state, including pronunciation, words and word forms, and grammar. We'll look at how key features of Wisconsin English have developed over time, how remarkably recent they are, and how they are changing and becoming more distinct today. Joe Salmons, UW-Madison College of Letters and Science Professor, will take us on a unique language journey. This class is being offered in collaboration with the YMCA of the Northwoods.

## Great Masters of Western Painting

David Barnhill  
April 23: Rembrandt van Rijn  
April 30: J.M.W. Turner  
May 7: Claude Monet  
May 14: Vincent Van Gogh  
9:30 am  
Minocqua Public Library  
Host: Joan Hauer  
715.356.6540 Cell: 715.892.1549

Here's an opportunity to dive into the art of four great masters of Western painting: Rembrandt, Turner, Monet, and Van Gogh. Each week we will review one artist's biography, and using the best slides available, we will get to know his entire oeuvre while examining in depth several of his masterpieces. Participants will have the opportunity to share their experiences of these powerful works of beauty. As a complement to the course, each week on another day, the presenter will show a film on one of the artists.

**Maximum: 50**

## Genealogy and DNA Primer

Tom Jerow and Sue Swanson  
April 23  
1:30 pm  
Pine Lake Town Hall  
Host: Steven Schreier  
715.369.6875 Cell: 715.360.1064

Interested in genealogy? In this class you will learn where to start and what documentation you need to build your family tree. From there we'll explore the best practices for researching and documenting your genealogy using information available mainly on the Internet. We will demonstrate how to use the major data repositories including free and subscription services. Finally, we'll explore what information can be learned through genetic analysis of your DNA. Join us as we explore genealogy and family history in the computer age.

## What It Takes Before Takeoff

Matthew Leitner  
April 30  
1 pm or 2:30 pm (choose one)  
Rhineland-Oneida County Airport  
Host: Mary Grieco  
715.362.4040 Cell: 715.360.4646

A lot goes on at the Rhineland-Oneida County Airport before planes take to the sky. The airport manager will explain the workings of the operations building and fire station, as well as what it takes to keep the terminal running smoothly. This will also be a good chance to view the impressive Packer exhibit at the airport.

**Maximum: 20 per session**

## REMINDER

*Please only register for the classes that you plan to attend.*

## **Friday**

### **What We're Reading Now: Non-Fiction**

Michael Shores

January 31; February 14, 28;  
March 13, 27; April 10, 24; May 8  
9:30 am

Nicolet College, Lakeside Center,  
Second floor, room 222

Host: Michael Shores  
715.360.5036

Our non-fiction group seems to be drawn to an endless variety of books, and we enjoy sharing our impressions of those books and what we have learned. The group is small, and we are able to welcome additional readers. You might learn of books you want to read instead of having an assigned reading. Our meetings are more like interesting two-hour conversations.

### **Strength, Endurance, and Agility Assessment for Seniors**

February 7 (Fri) - 9:30 am  
February 26 (Wed) - 1:30 pm  
(choose one)

YMCA of the Northwoods  
Host: Chris and Jane Sharkey  
715.369.1117 Cell: 719.216.2127

As we age, our ability to enjoy a mobile, active, and independent lifestyle depends to a large degree on how well we maintain our personal fitness level. The Senior Fitness Test measures the physical capacity of older adults to perform normal everyday activities. This test is a functional test with norms that are age appropriate for seniors. You will be offered the opportunity to be tested on endurance, agility/dynamic balance, and leg and arm strength. Please wear comfortable clothing and gym shoes.

**Maximum: 25 per session**

### **Introduction to the League of Women Voters**

Petra Pietrzak

February 14

1:30 pm

Nicolet College, Tamarack Center,  
room 110

Host: Dorothy Skye

Cell: 715.367.9700

The League of Women Voters is a nationwide non-partisan organization celebrating its 100th anniversary this year. Learn about its history and how it functions today to encourage informed and active participation in government at all levels. Become acquainted with the local League of Women Voters of the Northwoods and its activities.

**Maximum: 40**

### **Great Decisions**

John Bogusz

February 21, 28; March 6, 13;

April 10, 17, 24; May 1

1 pm

Nicolet College, Tamarack Center,  
room 108

Host: Char Schneider

715.499.0785

Great Decisions is America's largest discussion program on world affairs. It involves reading the briefing book, watching the DVD, and discussing the material. Topics include: Climate Change; India and Pakistan; The Red Sea Region; Human Trafficking; Northern Triangle; China in Latin America; The Philippines; and AI and Data. Please include a fee of \$25 for the briefing book with your registration. This book can be shared with another person, if you choose.

**Maximum: 24**

### **Finding the Missing Piece to Peace**

Ann Wahlers

March 20, 27; April 3

1 pm

Nicolet College, Tamarack Center,  
room 110

Host: Nancy Brissee

715.369.5334 Cell: 715.360.0583

What is the missing piece we seek in our quest for a more peaceful reality in life? Why the tribal dynamics of today? It seems these tribal dynamics become intrinsic to our place in the world and generate "I belong, you do not!" attitudes. Why does the need for power so often override compassion? Why are we not able to honor vulnerability? Why must I always be right? Join Ann Wahlers, retired pastor with a passion for social dynamics, and go on a scavenger hunt to seek the missing piece to peace.

**Maximum: 40**

### **What to Do With That Room**

Julie Holperin

May 15

9:30 am

Nicolet College, room (TBD)

Host: Margaret Barnes

715.369.2435

Do you have a room in your house that doesn't make you happy? Julie Holperin, who has a passion for decorating, will help you see that room through new eyes and suggest ways to make that space more appealing. Feel free to bring photos, clippings, and color combinations of rooms you admire.

**Maximum: 40**

# Shared Interest Groups (SIGs)

If you're interested in starting a SIG for the fall 2020 session, call the LIR office at 715.365.4491 or email [lir@nicoletcollege.edu](mailto:lir@nicoletcollege.edu). Let your creativity inspire you.

## Out to Lunch!

We're "foodies" and are looking for others to join us for lunch at eateries in our surrounding area. The variety of choices will tempt you to sample food from near and far. Members will take turns arranging lunches during the winter/spring 2020 session. If you have an adventurous spirit and are interested in this SIG, contact Brenda Peltier at 715.365.4491 or [bpeltier@nicoletcollege.edu](mailto:bpeltier@nicoletcollege.edu) to register. We still have a few more openings. We had our first lunch in October and are planning one per month until May or June. If we have enough interest for a second group, we will need a member to volunteer as a group facilitator.

**Maximum: 15**

## Sipping Coffee, Sharing Poetry

Sip some coffee,  
Spend some time,  
Share a story,  
Share a rhyme.

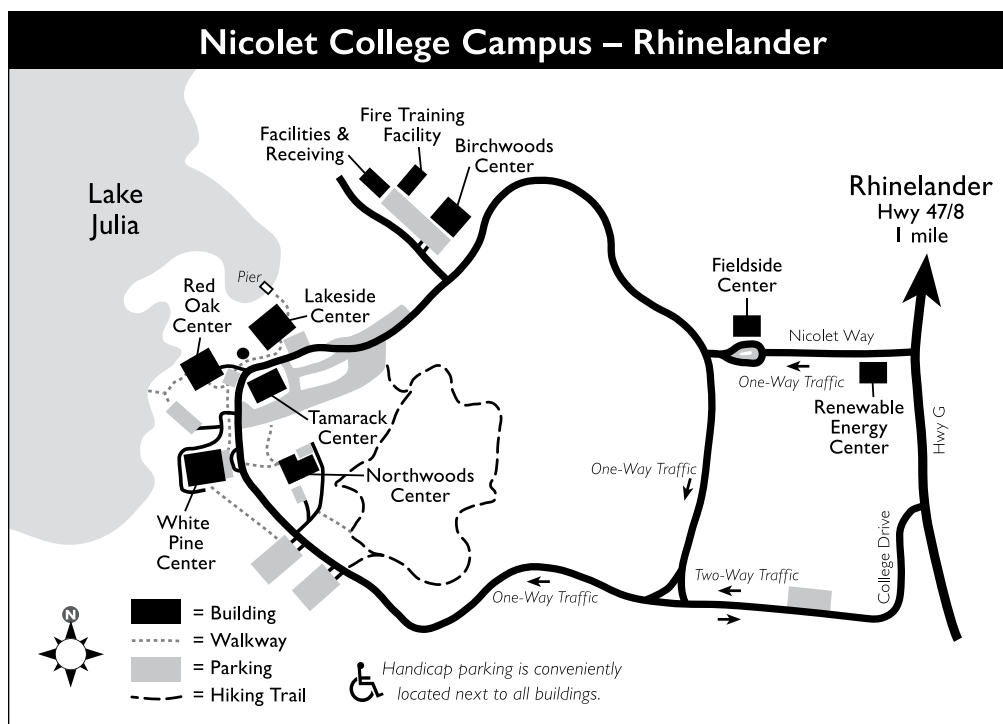
If you enjoy poetry, join our group that meets once a month. We will sip delicious coffee and share our favorite poetry readings in the comfort of a cozy coffee shop. If interested, please contact Margaret Barnes at 715.369.2435.

**Maximum: 10**

## In the Limelight

Do you enjoy the performing arts and other live presentations? If so, you may wish to consider joining like-minded LIR members in attending great programs offered in Northwoods venues. There are plenty of possibilities which include attending plays and music concerts, as well as listening to notable speakers. If interested, please contact Carol Lorbetske at 715.272.1434.

**Minimum: 10**



# LEARNING IN RETIREMENT AT NICOLET COLLEGE – *Where Curiosity Never Retires*

## Memorable Lifelong Learning Quotes:

“Anyone who stops learning is old, whether at twenty or eighty.  
Anyone who keeps learning stays young.”

–Henry Ford

“Commit yourself to lifelong learning. The most valuable asset you’ll ever have is  
your mind and what you put into it.”

–Brian Tracy

“Never stop learning because life never stops teaching.”

–Unknown

“I learned to always take on things I’d never done before.  
Growth and comfort do not coexist.”

–Ginni Rometty (President & Ceo of IBM)

“I’ve learned that I still have a lot to learn.”

–Maya Angelou

“Often when you think you’re at the end of something,  
you’re at the beginning of something else.”

–Mr. Rogers

“The excitement of learning separates youth from old age.  
As long as you’re learning, you’re not old.”

–Rosalyn Sassman Yalow

“Live as if you were to die tomorrow. Learn as if you were to live forever.”

–Mahatma Gandhi

“That is what learning is. You suddenly understand something  
you’ve understood all your life, but in a new way.”

–Doris Lessing

“The more you read, the more things you will know.  
The more that you learn, the more places you’ll go.”

–Dr. Seuss

## Mark Your Calendars and Watch for Details

### Capernaum (Documentary Film)

Tuesday, May 12

7:30 pm

Nicolet College – Lakeside Center Theatre

Follow a clever and gutsy 12-year-old Lebanese boy surviving on the streets as he decides to assert his rights and sue his negligent parents for the “crime” of giving him life. Watch for flyer.

### LIR Annual Meeting and Dinner

Thursday, May 21

4:30 pm

Nicolet College – Lakeside Center

Watch for upcoming details.

## Online registration is required.

You can register anytime throughout spring semester. Go to [nicoletcollege.edu/lir](http://nicoletcollege.edu/lir) beginning January 6, 2020.



**NICOLET COLLEGE**

learning in retirement

Nicolet College  
5364 College Drive  
PO Box 518  
Rhineland, WI 54501-0518

Phone: 715.365.4491  
TTY: 800.947.3529 or 711

Email: [LIR@nicoletcollege.edu](mailto:LIR@nicoletcollege.edu)



Find us on Facebook  
[facebook.com/nicoletcollege](https://facebook.com/nicoletcollege)



Find us on Twitter  
[twitter.com/nicoletcollege](https://twitter.com/nicoletcollege)

Nicolet College does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. The following person has been designated to manage inquiries regarding the nondiscrimination policies: Director of Human Resources Nicolet Area Technical College, PO Box 518, Rhineland, WI 54501-0518 Telephone: 715.365.4449 or TTY: 800.947.3529 or 711

## Contact The Class Host If...

- You are not able to attend a class for which you have registered.
- You would like to bring a guest and need to see if there is room available.
- You need to see if there is an opening in a class previously listed as full.

The class host contact information is included with the class listing in the Curriculum Guide.

## Class Cancellations

If Nicolet College closes due to weather conditions, all LIR functions will be cancelled. A notice of the college closing will be announced on all local radio and TV stations.

If an LIR class is cancelled for other reasons, attempts will be made to contact class enrollees by phone as soon as we are aware of the cancellation.

The host of a cancelled class should call 715.365.4491 to activate the notification process.

Occasionally, outdoor programs may be cancelled in adverse weather, even though indoor classes are meeting. If in doubt, check with the host. Host names and contact information are listed next to class descriptions in the Curriculum Guide. Remember outdoor programs cannot be timed exactly – they last as long as the participants do.

## Contact LIR

Call: 715.365.4491

Email: [LIR@nicoletcollege.edu](mailto:LIR@nicoletcollege.edu)

## Visit LIR Online

For information about LIR, to view the current classes, and to print the registration worksheet go to [nicoletcollege.edu/lir](http://nicoletcollege.edu/lir) beginning January 6, 2020.

## DID YOU KNOW?

*LIR provides two \$2,000 scholarships to nontraditional students at Nicolet College.*