

HUMAN SERVICES

Associates of Applied Science

About the Human Services Program

Program educates students to provide human and social services including information, resources, support, and advocacy for those in need or crisis. Classroom work and field experience are used to equip students with the opportunities to acquire skills needed to work with diverse groups of youth and adults facing challenges such as poverty, addiction, or abuse. Students develop necessary ethical and legal standards for human and social service settings and learn the importance of providing quality care to clients and patients.

PROGRAM OUTLINE

TERM: 1		
Course #	Course Title	Credits
1052010000	<p>Introduction to Counseling</p> <p>This course provides an overview of counseling and introduces the fundamental principles of counseling. Students will explore techniques used to assist in establishing a therapeutic relationship and learn basic theory-based counseling strategies. Students will also begin to develop self-awareness regarding transference issues and self-awareness, and establishing professional boundaries with clients.</p>	3.00
1052010100	<p>Introduction to Human Services</p> <p>Coursework introduces the typical roles and duties of human services workers. Students assess their own motivations, attitudes, and interests. In addition to the regular classroom hours students will complete an interview with a Human Services worker. Students must complete or have on file current, valid Background Information Disclosure (BID) and Caregiver Background Check (annual Wisconsin and Minnesota) forms, as part of this course.</p>	3.00
1055011000	<p>Understanding Addiction</p> <p>This course provides information based on the history, changing trends, and concepts of chemical dependence. It also assists in examining the various types of addictions within current culture(s). Attention will be focused on the impact of society on these trends and depicts the biology of psychoactive drugs. The course will also illustrate the etiology of addiction from the varying perspectives.</p>	3.00
1080119500	<p>Written Communication</p> <p>Develops writing skills which include prewriting, drafting, revising, and editing. A variety of writing assignments is designed to help the learner analyze audience and purpose, research and organize ideas, and format and design documents based on subject matter and content. Also develops critical reading and thinking skills through the analysis of a variety of written documents.</p>	3.00
1080919800	<p>Introduction to Psychology</p> <p>This introductory course in psychology is a survey of the multiple aspects of human behavior. It involves a survey of the theoretical foundations of human functioning in such areas as learning, motivation, emotions, personality, deviance and pathology, physiological factors, and social influences. It directs the student to an insightful understanding of the complexities of human relationships in personal, social, and vocational settings.</p>	3.00
TERM: 2		
Course #	Course Title	Credits

Course #	Course Title	Credits
1052010500	<p>Boundaries and Ethics</p> <p>This course will examine topics related to ethics and boundaries specific to the field of substance abuse. Students will review and examine the ethical code of substance abuse professionals. Learners will be able to incorporate these ethical standards into a thinking cycle to promote positive solution focused decision-making skills. These skills are evaluated through performance assessment tasks such as analyzing case study scenarios, personal reflection assignments, and in-depth classroom participation. Prerequisite(s): 1052010000 Introduction to Counseling (C or better).</p>	3.00
1052010600	<p>Methods in Social Casework</p> <p>This course will prepare the learner for implementing case management techniques used in substance abuse treatment. It will incorporate the twelve core functions of a substance abuse professional and demonstrate how these core functions are implemented in practice. Learners will have the ability to complete the intake process, a bio-psychosocial assessment as well as create individual and client centered treatment plans, coordinate care by making appropriate referrals based on AODA and Mental Health guidelines, and follow up with those referrals. Prerequisite(s): 1052010000 Introduction to Counseling (C or better).</p>	3.00
1052010700	<p>Group Counseling Methods</p> <p>This course addresses varying ethical and professional boundary issues that may arise during group counseling. It also identifies the varying stages of a group process and techniques used in the group process. Students will apply group counseling techniques to specific target populations. Prerequisite(s): 1052010000 Introduction to Counseling (C or better).</p>	3.00
1052015000	<p>Special Populations</p> <p>Students will examine theories and modalities frequently used in the field of case management. Students will learn the foundation of practice by exploring Evidence Based Practices such as Person Centered Planning and Recovery Oriented Care. This course will also focus on the special needs of different populations and how to encourage change. Systemic barriers with different populations will be identified along with a solution focused approach to care.</p>	3.00
1080119700	<p>Technical Reporting</p> <p>Teaches preparation and presentation of written, oral, and multi-media technical reports. Prerequisite(s): 1080119500 Written Communication (C or better) or 2080121900 English Composition I (C or better).</p>	3.00

TERM: 3

Course #	Course Title	Credits
1052011000	<p>Advanced Counseling Theory</p> <p>In this course, students will investigate the strengths and limitations in the current trends of counseling theory. Students will also examine the history of each theory and demonstrate an understanding of the theories. Analysis of cases studies and the application of counseling theory is included. Prerequisite(s): 1052010700 Group Counseling Methods (C or better).</p>	3.00
1052011100	<p>Behavior Assessment</p> <p>In this course, students will examine signs and symptoms specific to mental health diagnoses across the lifespan as defined in the Diagnostic and Statistical Manual of Mental Disorders (DSM). Students will also explore and differentiate diagnostic techniques and behavioral examination instruments. The course will identify historical trends specific to mental health and evaluate these trends from the perspective of nature vs. nurture. Students will assess boundaries and ethical issues commonly found in behavior assessment. Prerequisite(s): 1052010000 Introduction to Counseling (C or better).</p>	3.00

Course #	Course Title	Credits
1055012000	<p>Introduction to the AODA Profession</p> <p>This course introduces characteristics specific to the substance abuse counseling profession. Students will identify and determine personal strategies regarding self-determination and identify how they may implement professional strategies in person-centered treatment. Students will examine the eight practice dimensions used to effectively treat substance use disorders. Students will also evaluate legal and ethical issues surrounding substance abuse counseling, apply reflective practitioner methods, and utilize clinical supervision. Information will be provided regarding Wisconsin licensing for substance abuse counseling. Prerequisite(s): 1052010000 Introduction to Counseling (C or better) and 1052010600 Methods in Social Casework (C or better) and 1052010500 Boundaries and Ethics (C or better). Corequisite(s): 10-550-125-00 AODA Preceptorship I.</p>	1.00
1055012100	<p>Assessment, Diagnosis, and Treatment of Addictive Disorders</p> <p>This course focuses on addiction and its physical and psychological effects on the individual, as well as its effects on the family and society. Students will identify interventions that may be beneficial regarding treatment of addiction, and will assess community resources that may assist with this type of treatment. Students will also review signs and symptoms specific to addictive disorders based on the DSM. Students will assess boundaries and ethical issues commonly found in assessment, diagnosis and treatment of addictive disorders. Prerequisite(s): 1052010500 Boundaries and Ethics (C or better).</p>	3.00
1055012500	<p>AODA Preceptorship I</p> <p>This course provides the opportunity for students to integrate and apply the knowledge and skills from previous AODA classes into the treatment setting. Students will examine personal and professional qualities related to AODA issues, identify areas of improvement in the professional atmosphere, examine legal and ethical issues surrounding substance abuse, practice the eight domains of a substance abuse counselor, and utilize clinical supervision. Information on obtaining licensure will be provided. Prerequisite(s): 1055011000 Understanding Addiction (C or better) and 1052010500 Boundaries and Ethics (C or better) and 1052010600 Methods in Social Casework (C or better). Corequisite(s): 10-550-120-00 Intro to AODA Profession.</p>	3.00
1080918800	<p>Developmental Psychology</p> <p>Study of human development throughout the lifespan. Explores developmental theory and research with an emphasis on the interactive nature of the biological, cognitive, and psychosocial changes that affect the individual from conception to death. Application activities and critical thinking skills will enable students to gain an increased knowledge and understanding of themselves and others.</p>	3.00
TERM: 4		
Course #	Course Title	Credits
1052014300	<p>Crisis Intervention Strategies</p> <p>This course provides strategies for handling crisis situations in the field of Human Services. Student will identify varying theories to assist in the intervention of handling a crisis situation and be required to apply a theory in order to demonstrate competency. Students will evaluate signs and symptoms specific to a myriad of different crisis situations. Students will identify ethical issues resulting in dealing with crisis and apply professional's ethics to the scenario. Learners will be able to incorporate these ethical standards into a thinking cycle to promote positive solution focused decision-making skills to assist in deescalating a crisis situation. Students will also be introduced to a multicultural perspective when dealing with individuals in crisis.</p>	3.00
1055011500	<p>Family Systems and AODA</p> <p>This course examines the role of the family with regard to addiction. Additionally, the course introduces family systems theory and provides an overall foundation for understanding the dynamics of family interaction from an AODA perspective. Students will evaluate ethical and boundary issues which are common when working in substance abuse. Prerequisite(s): 1055011000 Understanding Addiction (C or better).</p>	2.00

Course #	Course Title	Credits
1055012200	<p>AODA Across the Lifespan</p> <p>This course introduces and assists students to evaluate problematic issues found in development across the lifespan. Development areas range from birth to death and includes topics such as sexuality, sexual behaviors, child maltreatment, and AODA/substance abuse issues. This course is designed to encourage understanding of healthy development in humans and provide a foundation of therapeutic interventions and knowledge of development across the lifespan. Students will assess ethical and boundary issues that are common when working in a helping profession. Prerequisite(s): 1055012500 AODA Preceptorship I (C or better).</p>	3.00
1055012600	<p>AODA Preceptorship II</p> <p>This course provides additional preceptorship opportunities for students in the AODA program. It provides integration and application of knowledge and skills from previous classes of AODA in a treatment setting. Students will examine personal and professional qualities related to AODA issues, identify areas of improvement in the professional atmosphere, examine legal and ethical issues surrounding substance abuse, practice the eight domains of a substance abuse counselor, and utilize clinical supervision. Prerequisite(s): 1055012500 AODA Preceptorship I (C or better).</p>	3.00
1080413400	<p>Mathematical Reasoning</p> <p>An activity based approach is used to explore numerical relationships, graphs, proportional relationships, algebraic reasoning, and problem solving using linear, exponential and other mathematical models. Students will develop conceptual and procedural tools that support the use of key mathematical concepts in a variety of contexts. This course is not designed for Science, Technology, Engineering, or Math (STEM) students and/or others who require calculus. Prerequisite(s): 7785478000 Principles of College Math (C or better) or Accuplacer Algebra score ≥ 35 or UW Math Placement Basic Math score ≥ 250 or ACT Math score ≥ 18 or Tailwind Math CMath Fund score ≥ 16.</p>	3.00
1080917200	<p>Introduction to Diversity Studies</p> <p>Introduces learners to the study of diversity from a local to a global environment using a holistic, interdisciplinary approach. Encourages self-exploration and prepares the learner to work in a diverse environment. In addition to an analysis of majority/minority relations in a multicultural context, the primary topics of race, ethnicity, age, gender, class, sexual orientation, disability, and religion are explored.</p>	3.00

Total Credits: 63.00

Talk with an Academic Advisor about the program outline. Together, you will determine if credits you've already earned satisfy any requirements, discuss possible alternative courses, and choose the best classes if you're thinking of transferring.

AT A GLANCE

How You'll Learn



ONLINE

Term Start Dates

Fall 2020: September 2

Spring 2021: January 6

Summer 2021: May 7

Start dates represent the beginning of a new term. Certain programs or courses may not be available to start every term. Please view

the [course schedules](#) for a list of upcoming classes or contact the Welcome Center at 715-365-4493.

Approximate Cost

\$9,297*

Financial Aid Eligible

*Based on 10-level courses—materials, books, and fees may be additional

What You'll Learn

- Model a commitment to cultural competence
- Uphold the ethical standards and values for human service professionals
- Demonstrate professionalism
- Utilize community resources
- Apply evidenced based practices
- Characterize the responsibility of a Human Services professional to the community

Your Potential Careers

- Case worker
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- Community outreach/support worker
- Income maintenance worker
- Human Services/Information
- Substance Abuse Counselor (with supervision)
- Residential Manager
- Social Services Assistant
- Human Services Technician

Median Annual Salary

\$35,265	\$35,868	\$35,216
Local	State	National

EMSI 2020.1

Get Started

Your application can be submitted online, it takes just a few minutes to complete.

APPLY NOW