

Foundations of Health

Provides foundational knowledge and skills for entry-level healthcare support roles and continued education. Coursework includes written and oral communication, general anatomy and physiology, and medical terminology. Graduates are prepared for positions such as medical receptionist or patient services representative, or for transition into programs including Nursing and Radiography.

Program Outline

TERM 1		
Course #	Course Title	Credits
1080119500	<p>Written Communications</p> <p>Teaches the writing process, which includes prewriting, drafting, revising, and editing. Through a variety of writing assignments, the student will analyze audience and purpose, research and organize ideas, and format and design documents based on subject matter and content. Keyboarding skills are required for this course. It also develops critical reading and thinking skills through the analysis of a variety of written documents.</p>	3.00
1080119600	<p>Oral Communications</p> <p>Provides students with the skills to develop speaking, verbal and nonverbal communication, and listening skills through individual speeches, group activities, and other projects.</p>	3.00
1080617700	<p>General Anatomy and Physiology</p> <p>Examines basic concepts of human anatomy and physiology as they relate to health sciences. Using a body systems approach, the course emphasizes the interrelationships between structure and function at the gross and microscopic levels of organization of the entire human body. It is intended to prepare health care professionals who need to apply basic concepts of whole-body anatomy and physiology to informed decision-making and professional communication with colleagues and patients.</p>	4.00
3150110100	<p>Medical Terminology</p> <p>Focuses on the component parts of medical terms: prefixes, suffixes, and word roots. Students practice formation, analysis, and reconstruction of terms. Emphasis on spelling, definition, and pronunciation. Introduction to operative, diagnostic, therapeutic, and symptomatic terminology of all body systems, as well as systemic and surgical terminology.</p>	3.00
Total Credits: 13.00		

Talk with a Success Coach about the program outline. Together, you will determine if credits you've already earned satisfy any requirements, discuss possible alternative courses, and choose the best classes if you're thinking of transferring.

At A Glance

How You'll Learn

Next Academic Start Dates

31
AUG

Fall 2026 Term Starts

26
OCT

Additional Fall 2026 Start for Select Courses

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What You'll Learn

Get Started

Your application can be submitted online, it takes just a few minutes to complete.

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