

SUBSTANCE USE DISORDER COUNSELOR (SUDC)

About the Substance Use Disorder Counselor (SUDC) Program

The program is designed for individuals interested in working with addiction issues. Through classroom, laboratory, and preceptorship experience, you will develop skills in counseling, diagnosis of addiction issues, treatment planning, group facilitation, and crisis management. Students will also learn how to respect client's rights, understand the complexity of addiction illnesses, and adhere to ethical guidelines. The degree will prepare you for entry-level work in facilities such as clinics, hospitals, community residential facilities, and various community and social services agencies. Students/Graduates are eligible for licensure in Wisconsin as Substance Abuse Counselors-in-training.

PROGRAM OUTLINE

TERM: 1		
Course #	Course Title	Credits
1052010000	Introduction to Counseling This course provides an overview of counseling and introduces the fundamental principles of counseling. Students will explore techniques used to assist in establishing a therapeutic relationship and learn basic theory-based counseling strategies. Students will also begin to develop self-awareness regarding transference issues and self-awareness, and establishing professional boundaries with clients.	3.00
1055011000	Understanding Addiction This course provides information based on the history, changing trends, and concepts of chemical dependence. It also assists in examining the various types of addictions within current culture(s). Attention will be focused on the impact of society on these trends and depicts the biology of psychoactive drugs. The course will also illustrate the etiology of addiction from the varying perspectives.	3.00
1080119500	Written Communication Develops writing skills which include prewriting, drafting, revising, and editing. A variety of writing assignments is designed to help the learner analyze audience and purpose, research and organize ideas, and format and design documents based on subject matter and content. Also develops critical reading and thinking skills through the analysis of a variety of written documents.	3.00
1080619800	Human Biology This is an introductory course that emphasizes the structure of the human body and the functional interrelationships of the body's systems. Consideration is given to the human body and disease, human genetics, human ecology, and the role that humans play in the environment. The course consists of 3 hours of lecture and 2 hours of lab per week. Note: This course does not meet requirements for or substitute for General Anatomy and Physiology.	4.00
1080919800	Introduction to Psychology This introductory course in psychology is a survey of the multiple aspects of human behavior. It involves a survey of the theoretical foundations of human functioning in such areas as learning, motivation, emotions, personality, deviance and pathology, physiological factors, and social influences. It directs the student to an insightful understanding of the complexities of human relationships in personal, social, and vocational settings.	3.00
TERM: 2		
Course #	Course Title	Credits

Course #	Course Title	Credits
1052010500	<p>Boundaries and Ethics</p> <p>This course will examine topics related to ethics and boundaries specific to the field of substance abuse. Students will review and examine the ethical code of substance abuse professionals. Learners will be able to incorporate these ethical standards into a thinking cycle to promote positive solution focused decision-making skills. These skills are evaluated through performance assessment tasks such as analyzing case study scenarios, personal reflection assignments, and in-depth classroom participation. Prerequisite: 1052010000 Introduction to Counseling (C or better).</p>	3.00
1052010600	<p>Methods in Social Casework</p> <p>This course will prepare the learner for implementing case management techniques used in substance abuse treatment. It will incorporate the twelve core functions of a substance abuse professional and demonstrate how these core functions are implemented in practice. Learners will have the ability to complete the intake process, a bio-psychosocial assessment as well as create individual and client centered treatment plans, coordinate care by making appropriate referrals based on AODA and Mental Health guidelines, and follow up with those referrals. Prerequisite: 1052010000 Introduction to Counseling (C or better).</p>	3.00
1052010700	<p>Group Counseling Methods</p> <p>This course addresses varying ethical and professional boundary issues that may arise during group counseling. It also identifies the varying stages of a group process and techniques used in the group process. Students will apply group counseling techniques to specific target populations. Prerequisite: 1052010000 Introduction to Counseling (C or better).</p>	3.00
1055011500	<p>Family Systems and AODA</p> <p>This course examines the role of the family with regard to addiction. Additionally, the course introduces family systems theory and provides an overall foundation for understanding the dynamics of family interaction from an AODA perspective. Students will evaluate ethical and boundary issues which are common when working in substance abuse. Prerequisite: 1055011000 Understanding Addiction (C or better).</p>	2.00
1055011600	<p>Psychopharmacology</p> <p>This course introduces basic psychopharmacology concepts and provides an overview of human biology and its functions when introduced to medications. Students will examine current trends of medication utilized in the treatment of common mental health disorders to include current trends when treating individuals with substance abuse issues. Prerequisite: 1055011000 Understanding Addiction (C or better).</p>	3.00
1080915900	<p>Abnormal Psychology</p> <p>This course in Abnormal Psychology surveys the essential features, possible causes, and assessment and treatment of the various types of abnormal behavior from the viewpoint of the major theoretical perspectives in the field of abnormal psychology. Students will be introduced to the diagnosis system of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV). In addition, the history of the psychology of abnormality will be traced. Cultural and social perspectives in understanding and responding to abnormal behavior will be explored as well as current topics and issues within abnormal psychology. Prerequisite: 1080919800 Intro to Psychology (C or better).</p>	3.00
TERM: 3		
Course #	Course Title	Credits
1052011000	<p>Advanced Counseling Theory</p> <p>In this course, students will investigate the strengths and limitations in the current trends of counseling theory. Students will also examine the history of each theory and demonstrate an understanding of the theories. Analysis of cases studies and the application of counseling theory is included. Prerequisite: 1052010700 Group Counseling Methods (C or better).</p>	3.00

Course #	Course Title	Credits
1052011100	<p>Behavior Assessment</p> <p>In this course, students will examine signs and symptoms specific to mental health diagnoses across the lifespan as defined in the Diagnostic and Statistical Manual of Mental Disorders (DSM). Students will also explore and differentiate diagnostic techniques and behavioral examination instruments. The course will identify historical trends specific to mental health and evaluate these trends from the perspective of nature vs. nurture. Students will assess boundaries and ethical issues commonly found in behavior assessment. Prerequisite: 1052010000 Introduction to Counseling (C or better).</p>	3.00
1055012000	<p>Introduction to the AODA Profession</p> <p>This course introduces characteristics specific to the substance abuse counseling profession. Students will identify and determine personal strategies regarding self-determination and identify how they may implement professional strategies in person-centered treatment. Students will examine the eight practice dimensions used to effectively treat substance use disorders. Students will also evaluate legal and ethical issues surrounding substance abuse counseling, apply reflective practitioner methods, and utilize clinical supervision. Information will be provided regarding Wisconsin licensing for substance abuse counseling. Prerequisites: 1052010000 Introduction to Counseling (C or better) and 1052010600 Methods in Social Casework (C or better) and 1052010500 Boundaries and Ethics (C or better). Corequisite: 1055012500 AODA Preceptorship I.</p>	1.00
1055012100	<p>Assessment, Diagnosis, and Treatment of Addictive Disorders</p> <p>This course focuses on addiction and its physical and psychological effects on the individual, as well as its effects on the family and society. Students will identify interventions that may be beneficial regarding treatment of addiction, and will assess community resources that may assist with this type of treatment. Students will also review signs and symptoms specific to addictive disorders based on the DSM. Students will assess boundaries and ethical issues commonly found in assessment, diagnosis and treatment of addictive disorders. Prerequisite: 1052010500 Boundaries and Ethics (C or better).</p>	3.00
1055012500	<p>AODA Preceptorship I</p> <p>This course provides the opportunity for students to integrate and apply the knowledge and skills from previous AODA classes into the treatment setting. Students will examine personal and professional qualities related to AODA issues, identify areas of improvement in the professional atmosphere, examine legal and ethical issues surrounding substance abuse, practice the eight domains of a substance abuse counselor, and utilize clinical supervision. Information on obtaining licensure will be provided. Prerequisites: 1055011000 Understanding Addiction (C or better) and 1052010500 Boundaries and Ethics (C or better) and 1052010600 Methods in Social Casework (C or better). Corequisite: 1055012000 Intro to AODA Profession.</p>	3.00
1080119600	<p>Oral Interpersonal Communication</p> <p>Focuses upon developing speaking, verbal and nonverbal communications, and listening skills through individual presentations, groups activities, and other projects.</p>	3.00
TERM: 4		
Course #	Course Title	Credits
1055012200	<p>AODA Across the Lifespan</p> <p>This course introduces and assists students to evaluate problematic issues found in development across the lifespan. Development areas range from birth to death and includes topics such as sexuality, sexual behaviors, child maltreatment, and AODA/substance abuse issues. This course is designed to encourage understanding of healthy development in humans and provide a foundation of therapeutic interventions and knowledge of development across the lifespan. Students will assess ethical and boundary issues that are common when working in a helping profession. Prerequisite: 1055012500 AODA Preceptorship I (C or better).</p>	3.00

Course #	Course Title	Credits
1055012600	AODA Preceptorship II This course provides additional preceptorship opportunities for students in the AODA program. It provides integration and application of knowledge and skills from previous classes of AODA in a treatment setting. Students will examine personal and professional qualities related to AODA issues, identify areas of improvement in the professional atmosphere, examine legal and ethical issues surrounding substance abuse, practice the eight domains of a substance abuse counselor, and utilize clinical supervision. Prerequisite: 1055012500 AODA Preceptorship I (C or better).	3.00
1080917200	Introduction to Diversity Studies Introduces learners to the study of diversity from a local to a global environment using a holistic, interdisciplinary approach. Encourages self-exploration and prepares the learner to work in a diverse environment. In addition to an analysis of majority/minority relations in a multicultural context, the primary topics of race, ethnicity, age, gender, class, sexual orientation, disability, and religion are explored.	3.00
1080918800	Developmental Psychology Study of human development throughout the lifespan. Explores developmental theory and research with an emphasis on the interactive nature of the biological, cognitive, and psychosocial changes that affect the individual from conception to death. Application activities and critical thinking skills will enable students to gain an increased knowledge and understanding of themselves and others.	3.00
Elective	Elective	3.00

Total Credits: 64.00

Talk with an Academic Advisor about the program outline. Together, you will determine if credits you've already earned satisfy any requirements, discuss possible alternative courses, and choose the best classes if you're thinking of transferring.

AT A GLANCE

How You'll Learn



ON CAMPUS PARTIALLY ONLINE

Term Start Dates

Fall 2021: September 1

Spring 2022: January 5

Summer 2022: May 2

Start dates represent the beginning of a new term. Certain programs or courses may not be available to start every term. Please view the [course schedules](#) for a list of upcoming classes or contact the Welcome Center at 715-365-4493.

[VIEW FULL ACADEMIC CALENDAR](#)

Approximate Cost

\$9,593*

Financial Aid Eligible

*Based on 10-level courses—materials, books, and fees may be additional

What You'll Learn

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- Clinically evaluate for substance use disorders and treatment needs
- Develop treatment plans
- Facilitate referral to meet needs
- Demonstrate service coordination skills
- Demonstrate counseling skills with individuals, groups and families
- Provide education relevant to substance use
- Maintain clinical records according to agency, federal and state guidelines
- Adhere to accepted culturally competent, ethical and behavioral conduct

Your Potential Careers

- SUDC Counselor
- SUDC Counselor Aid
- Residential SUDC Counselor
- Treatment Counselor
- Resident Manager

Median Annual Salary

Get Started

Your application can be submitted online, it takes just a few minutes to complete.

[APPLY NOW](#)