

Appearances Count

GUIDELINES FOR APPROPRIATE INTERVIEW ATTIRE

“You never get a second chance to make a first impression.” Will Rogers

An important piece of the interview puzzle is dressing appropriately for the type of job you are applying for. First impressions can make or break your chances of being hired. Proper interview attire will show you are a confident individual with high self-esteem and may just put you ahead of other candidates. The way you dress indicates how you want the employer to think of you.

Take the time to check out what is suitable dress at the companies/organizations, where you will be interviewing. Remember that even though they have a casual dress policy that is usually not the way you want to dress for an interview. Keep in mind that someone applying for an Auto Tech position would dress differently than someone applying at a bank, etc.

General Interview Guidelines:

- Make sure your clothes are clean, ironed, and neat
- Hair should be washed, neat, and trimmed
- Use make-up and perfume/cologne sparingly
- Minimal, tasteful jewelry
- Avoid the smell of smoke on your breath or clothes
- Well brushed teeth and fresh breath
- No gum or candy
- Trimmed, clean nails and neutral nail polish if desired
- Make sure shoes are clean and polished
- No jeans

Some general ideas on what to wear - - - Pick one that's right for you and fits the type of job you are applying for:

- Conservative suit or sport jacket
- Dress shirt and tie
- Khakis and a dress shirt
- Skirt and jacket
- Business-like dress
- Dress pants and a nice top with a jacket or sweater



“Little Things Count – Pay Attention”